

Clean Hands – More Friends

Have you ever noticed that healthy people have flocks of friends and are more socially popular than people who are sick all the time?

You can put up with whining, sinus drainage, and spewing sneezes for only just so long. Not many people want to hang around someone who is always suffering from a cold or a smelly gastrointestinal infection. Sick people aren't very social. Sick people prefer comfort clothing to sexy skirts and dashing duds. Sick people aren't much fun.

People who wash their hands regularly remove the viruses and bacteria before they can get infected. People who have clean hands get to the parties and meet the other fascinating hand-washing people. To win friends and influence people, make sure that you wash your hands.