

Sustainable healthcare and IPC: can they co-exist?

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Hosted by: Heather Stoltzfus
Johns Hopkins University School of Medicine

Sponsored by



What is sustainability?

sustainable adjective

1. : capable of being sustained
2. : of, relating to, or being a method of harvesting or using a resource so that the resource is not depleted or permanently damaged

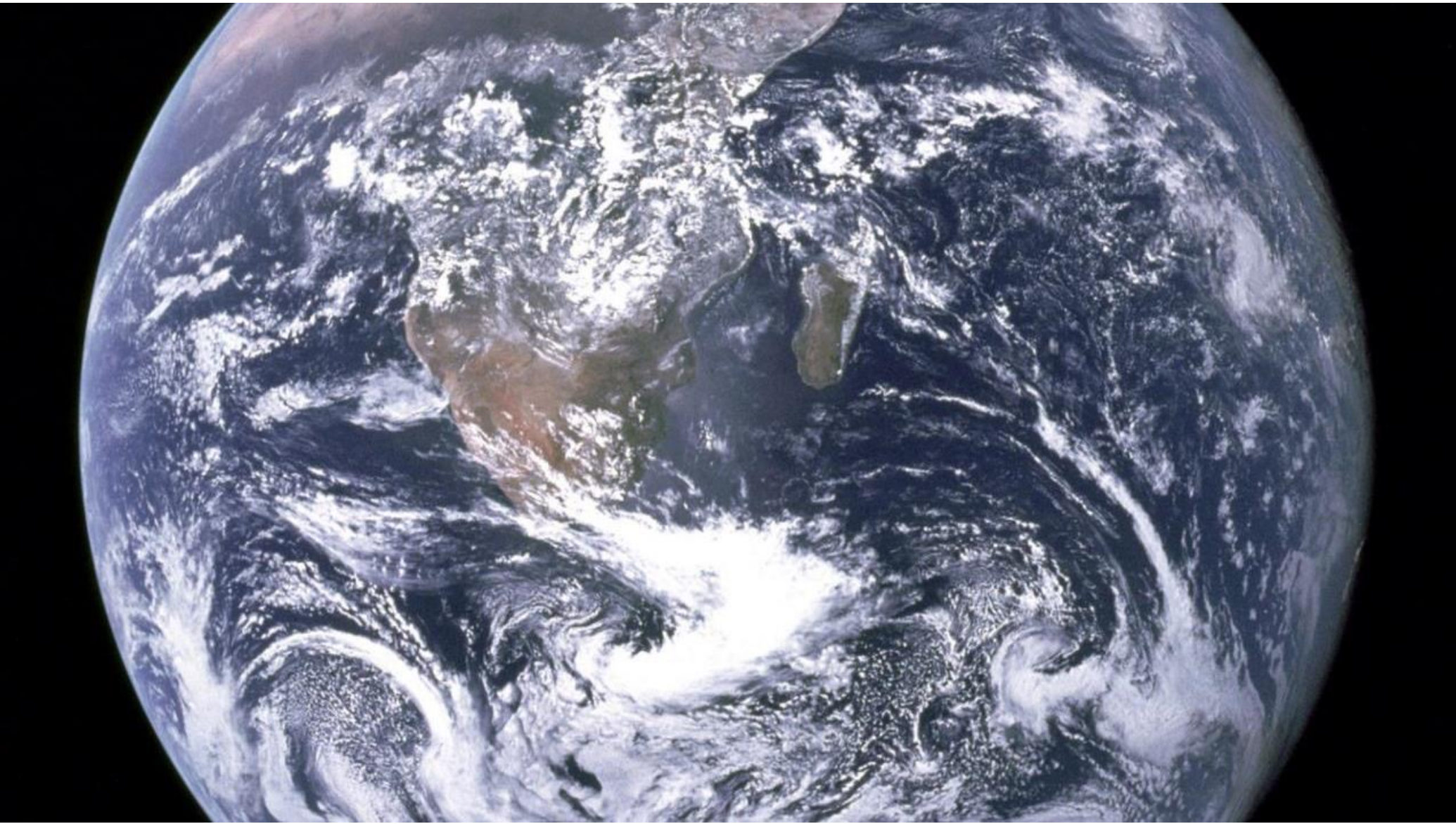


What is sustainability?

If something is sustainable that means we can keep doing it

- indefinitely
- without running out of resources







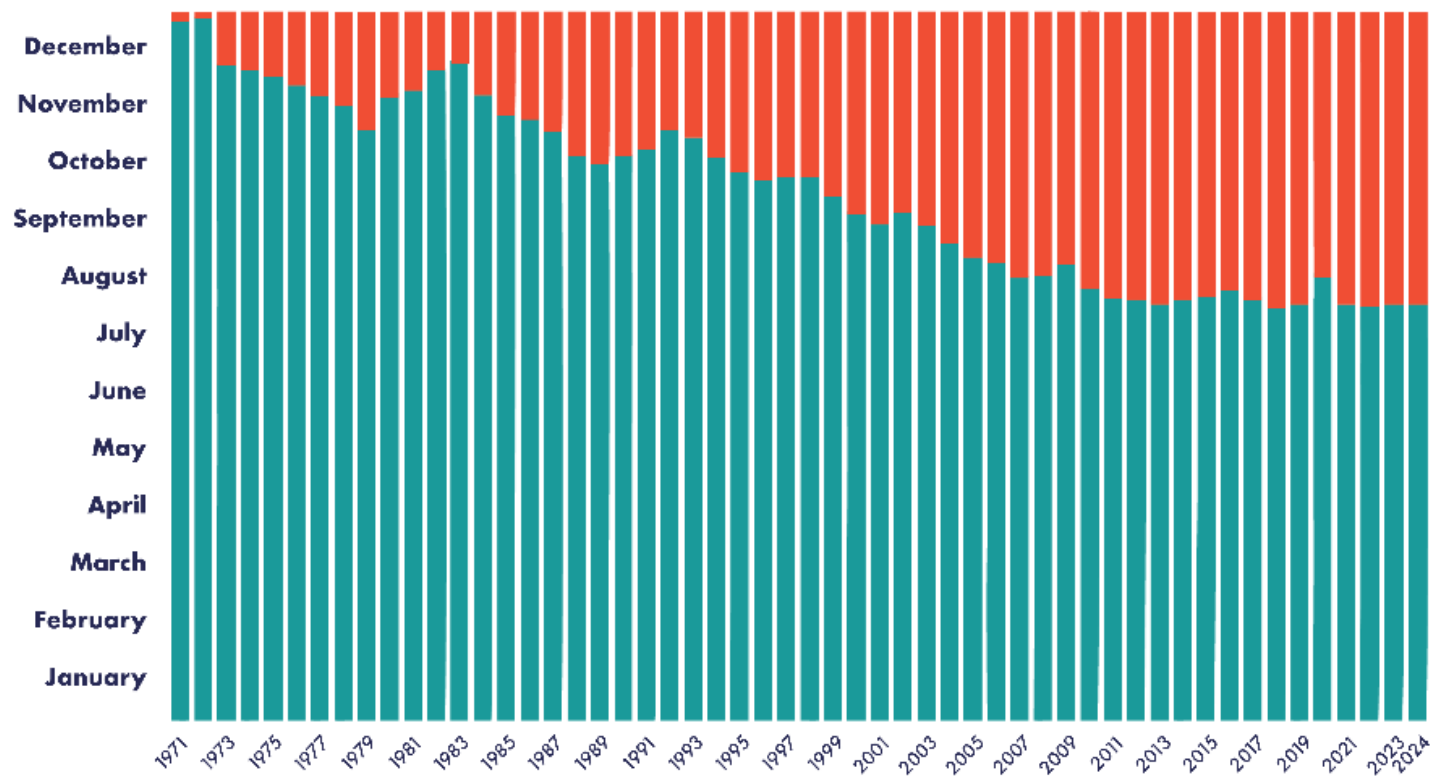
1 Earth

EarthOvershoot Day

1971 - 2024



1.75 Earths

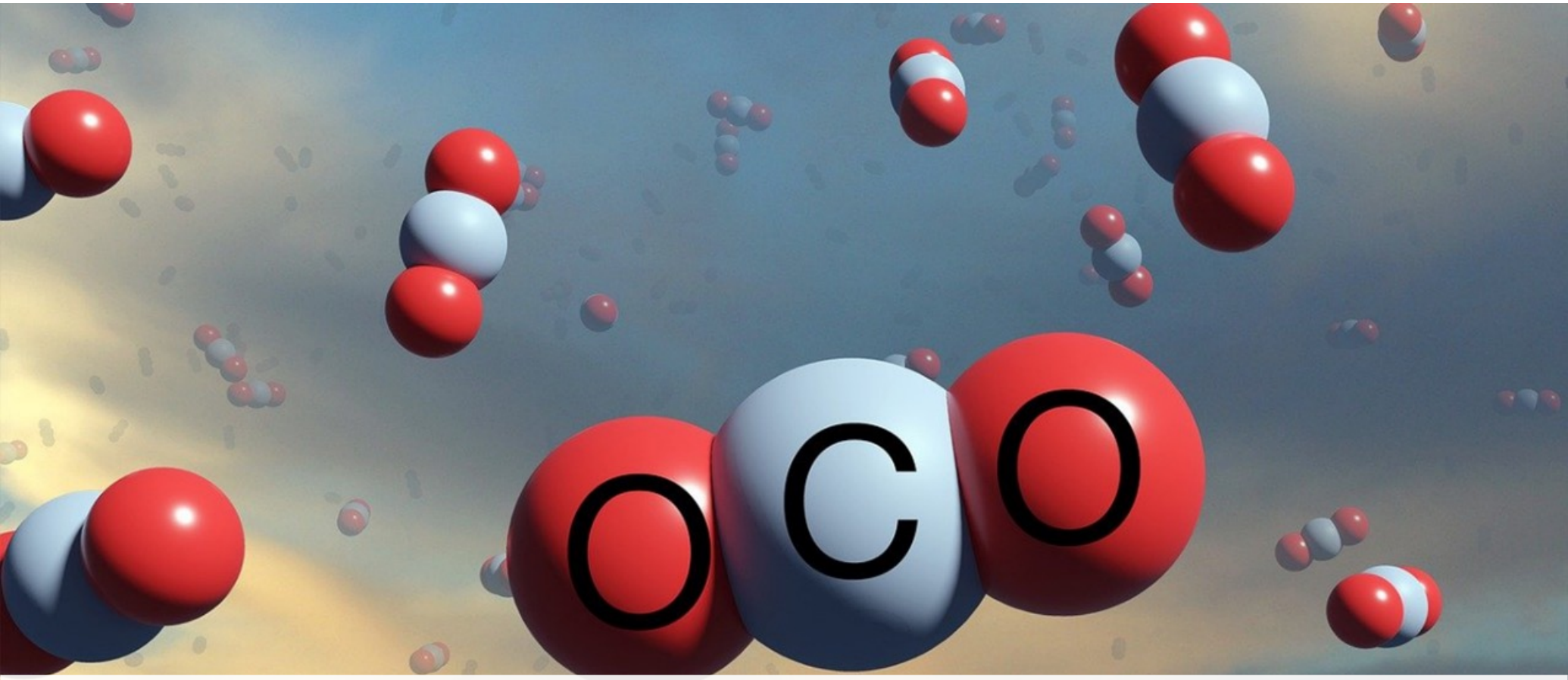


EARTH
OVERSHOOT
DAY



Global Footprint Network
Assessing the Footprint of Humanity

Based on National Footprint and Biocapacity Accounts 2023 Edition

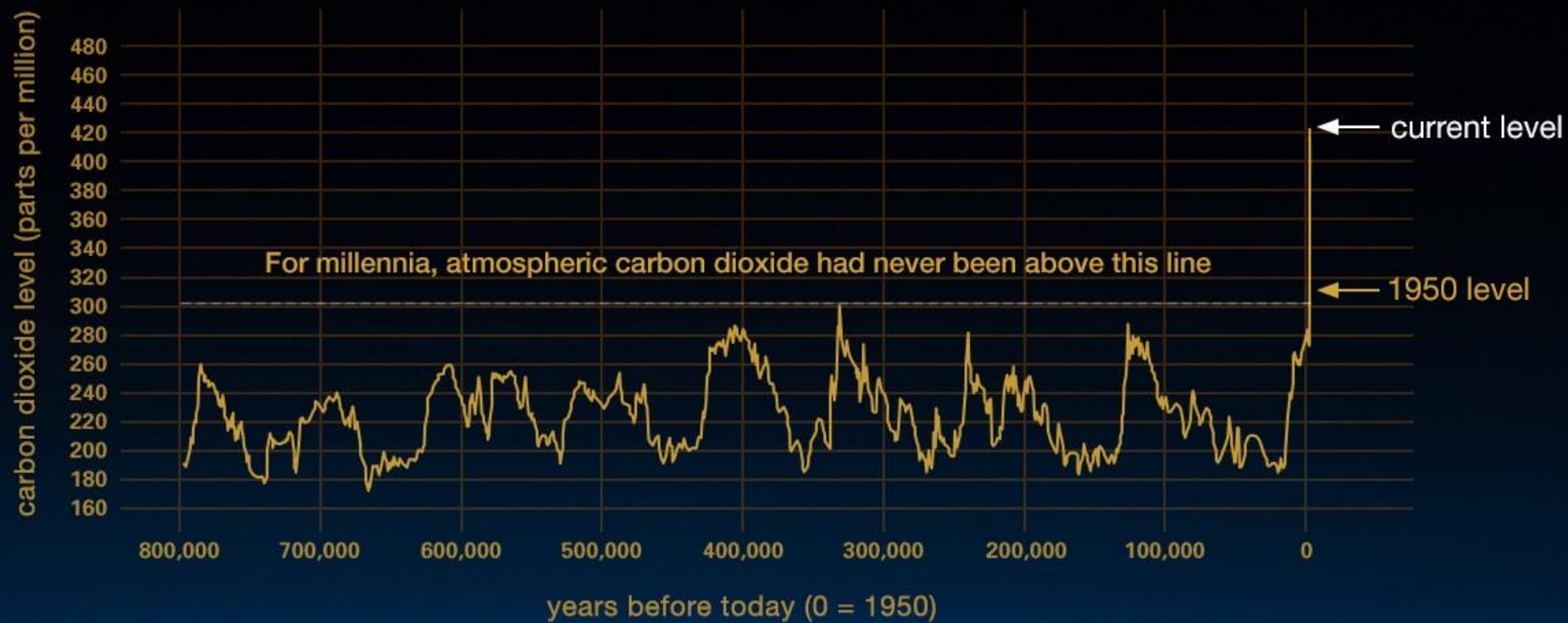


What about CO₂?



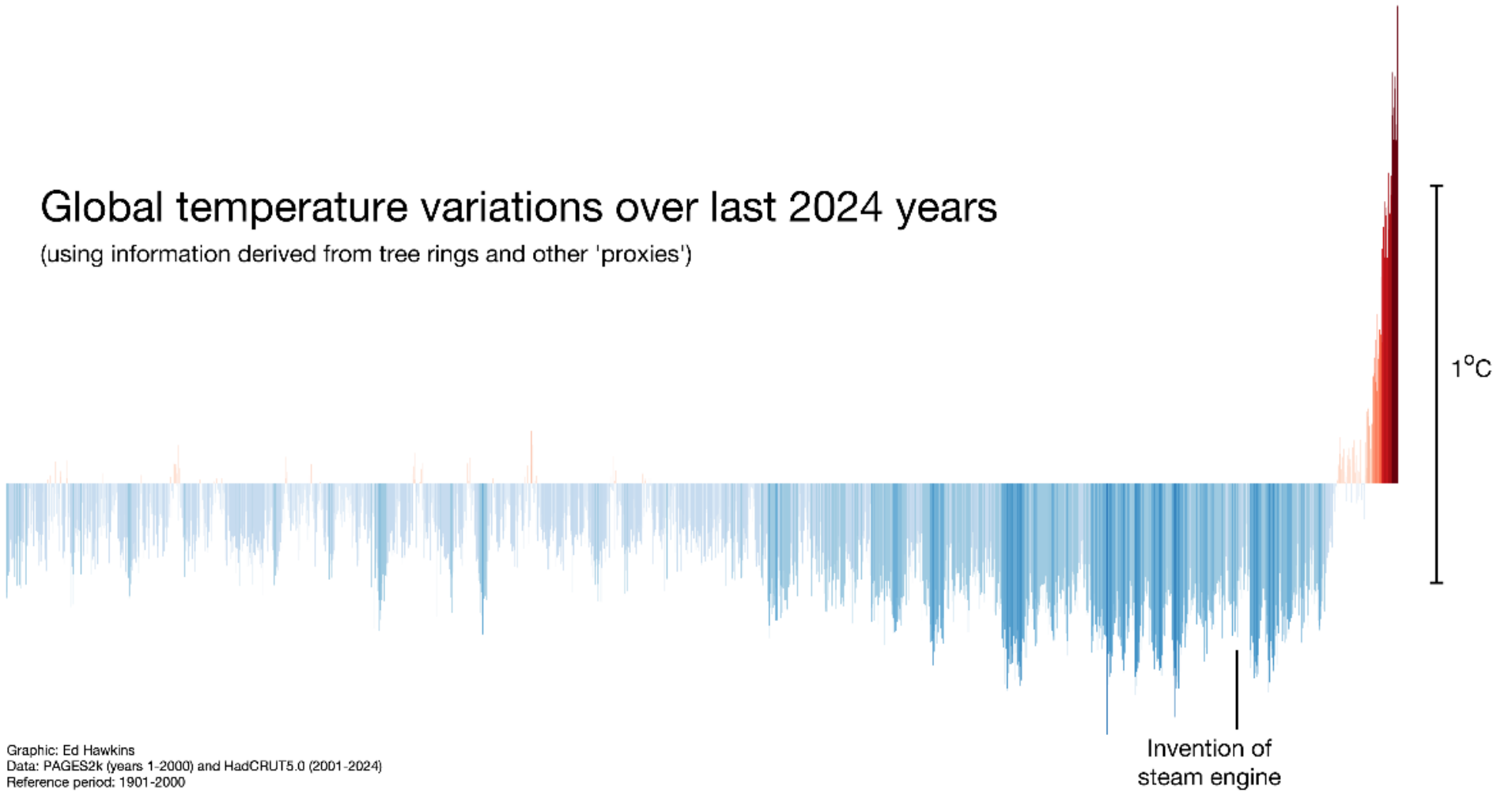
What about CO₂?

- Emitted when wood, oil, coal or gas are burned
- Almost everything has a 'carbon footprint'
- Absorbed by the planet, but we emit more than it absorbs
- 280 ppm prior to the industrial revolution
- 330 ppm when I was born (1975, increase of 21% in ~200 years)
- 430 ppm in 2025 (increase of 39% in 50 years)
- More than 50% of the CO₂ ever emitted by humans has been emitted since 1990
- More heat trapped → Whole planet gets warmer



Global temperature variations over last 2024 years


(using information derived from tree rings and other 'proxies')



Graphic: Ed Hawkins
Data: PAGES2k (years 1-2000) and HadCRUT5.0 (2001-2024)
Reference period: 1901-2000



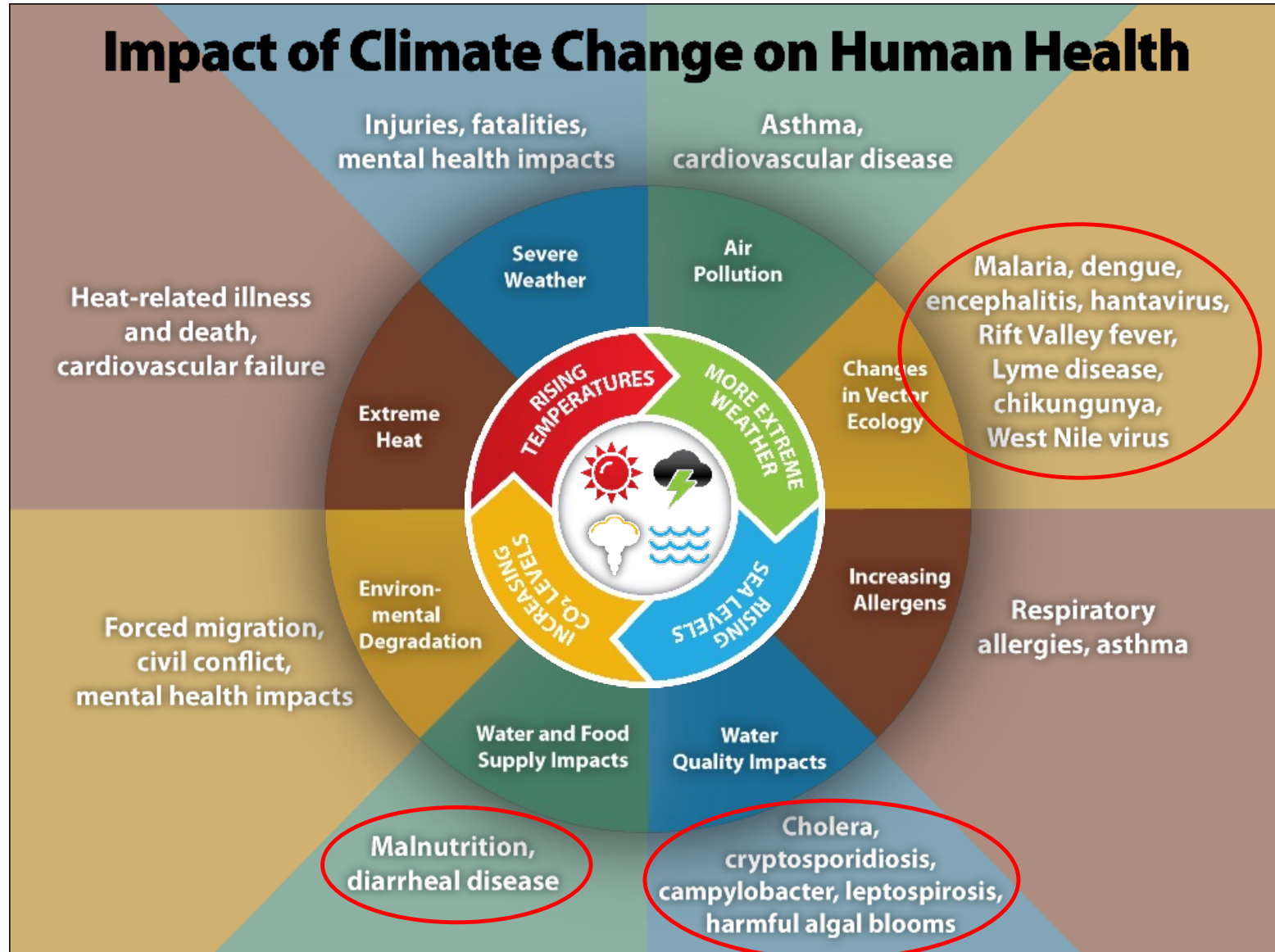




Why does it matter?

- Warmer planet means warmer seas and warmer atmosphere
- If they're warmer they have more energy in them
- More energy means more storms as well as heatwaves
- Rising sea levels as ice caps melt
- Flooding (permanent and seasonal)
- Land loss
- Impact on food supply
- Increase in competition for resources
- Increase in migration
- Tipping points

Impact of Climate Change on Human Health





World Health Organisation

Climate change is the single biggest health threat facing humanity



Carbon footprint of healthcare

- Healthcare's carbon footprint is equivalent to 4.4% of global net emissions (2 gigatons of carbon dioxide equivalent).
- Equivalent to the annual greenhouse gas emissions from 514 coal-fired power plants.
- If the health sector were a country, it would be the fifth-largest emitter on the planet.

Source: Healthcare Without Harm (Europe)



What's this got to do with IPC?

- Many healthcare practices driven by IPC risks
 - Sometimes these risks are real...
 - Often they are not!
 - Beware of yellow washing!
 - IPC expertise is needed to tell the difference
 - Question and challenge everything
- “We can’t do that because of IPC”
 - Have you asked IPC?
- “IPC said no”
 - Need to re-evaluate
 - What is the real risk?
 - **Include the planet in the risk assessment!**
- IPC must lead this

Yellow washing

“A stated or implied risk of infection that is disproportionate to infection control evidence or principles.”

Prof Mahmood Bhutta



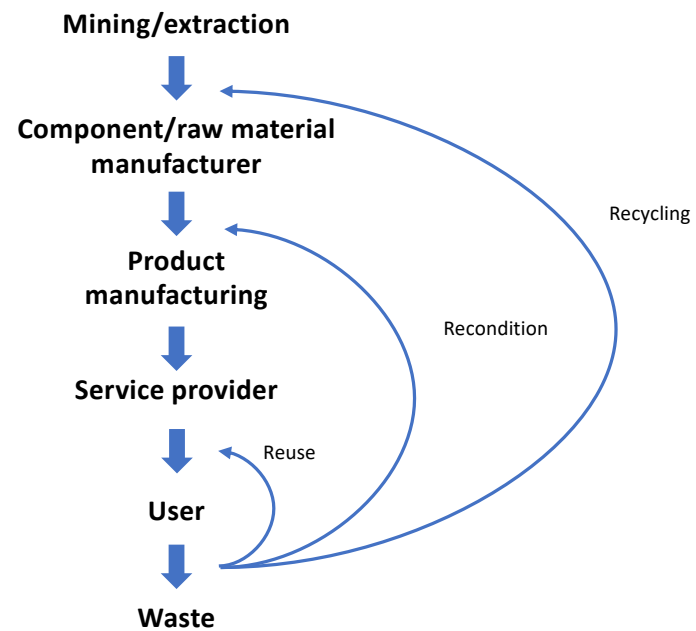
What can we do?

- Reduce consumption
- Reuse everything we can
- Recycle whatever we can't reuse
- Refine anything we can't recycle,
so it minimises climate impact

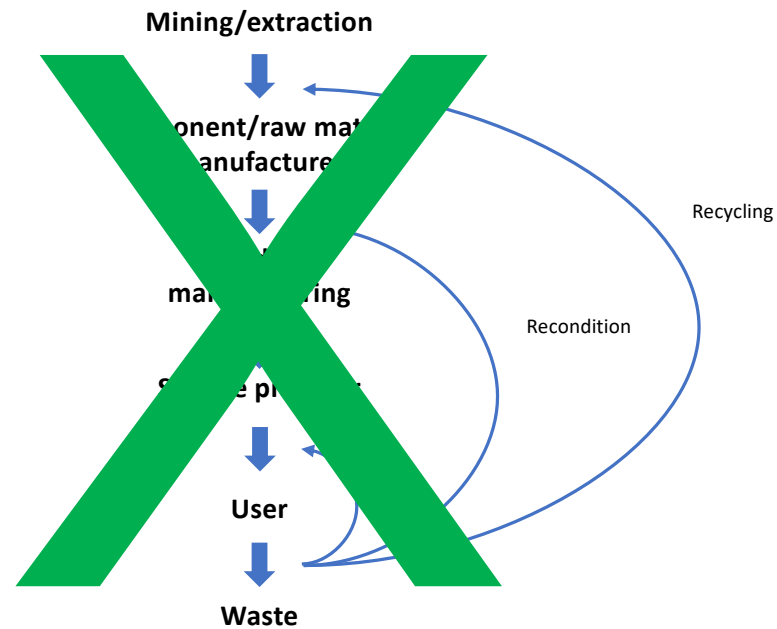


Why reduce, then reuse, then recycle?

Why reduce, then reuse, then recycle?



Why reduce, then reuse, then recycle?





Reduce

- Only use what we really need to use
- Eliminate unnecessary use
 - e.g. PPE, skin prep, couch roll
- **Include the planet in the risk assessment**
 - “just in case” – is that good enough?
- Also think about how to reduce energy, water, transport
- Prevention
 - “Reduce emissions, reduce admissions” (Greener NHS team)
 - Public health
 - Patient education
 - Understanding drivers for infection

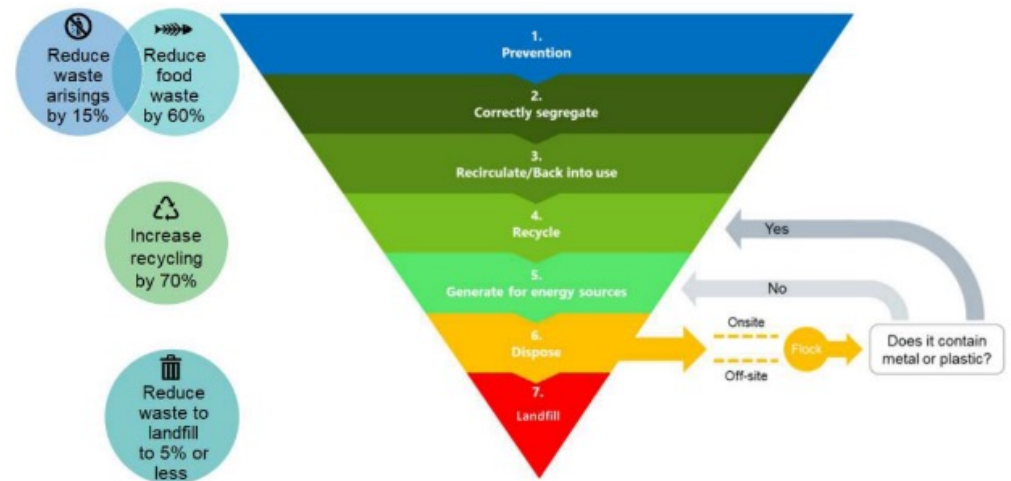


Reuse

- Find alternatives to single-use.
- For example:
 - Aprons
 - Gowns
 - Masks
 - Tourniquets
 - Eye protection
 - Curtains
 - Surgical instruments
 - Anaesthetic masks
 - Sharps bins

Recycle

- Encourage and facilitate segregation of waste to maximise recycling
- Incineration 901 kgCO₂e/tonne (UK)
- Recycling 21 kgCO₂e/tonne (UK)
- Also saves money!!



Waste management hierarchy and NHS 2030 targets
(HTM 07-01 (2022) *Safe and sustainable management of healthcare waste*)

Medical waste videos

mariakojck.com/videos-surgery-waste





Refine

- Some things can't be reduced, re-used or recycled
- Need to minimise the impact
- Look at carbon footprint
 - Ask the company
 - Visit HealthcareLCA.com
- Look at other ways the environment is damaged
 - What waste is generated and how is it disposed of?
 - Use and treatment of water
- Alternatives to chlorine-based disinfectants
 - Other chemistry, e.g. peracetic acid, hypochlorous acid
 - Do you need to disinfect?
 - Often, clean is enough
- Alternatives to alcohol-based hand-rub
- Alternatives to decontamination wipes



Great Western Hospitals
NHS Foundation Trust

Infection Prevention & Control and Sustainability

Exemplar site project report





Project summary

The project proposal from NHS England suggested that a glove or cannula reduction project could be used as a vehicle for demonstrating the benefits of formal joint working between IPC and Sustainability Teams. Since GWH was one of the sites at which collaboration between those teams had already been taking place on an ad-hoc basis, both teams saw this also as an opportunity to formalise that approach and thus additional projects were brought into the scope of the exemplar site work. The list of projects is below:

1. Green ED

Gaining Green ED accreditation from the Royal College of Emergency Medicine (including a cannula reduction project).

2. Gloves off

Implementing the Intensive Care Society's Gloves Off in Critical Care project.

3. Linen procedures

Reviewing linen procedures (use of couch roll and frequency of sheet changing).

4. Skin preparation

Reviewing the skin preparation needed for venepuncture.

5. Bag to Bedside

Implementing the 'Bag to Bedside' waste optimisation system.

6. PPE in theatres

Reviewing Personal Protective Equipment (PPE) in theatres – moving to reusable theatre caps and reducing the use of overshoes.

7. Infectious waste

Infectious waste definition and sharps bin lockdown dates – providing clarity to clinical staff in the light of updated national guidance (HTM 07-01).

8. Reusable tourniquets

Beginning a trial of reusable tourniquets.

9. Non-alcohol hand sanitiser

Trialling a more sustainable hand sanitiser.

10. Recyclable curtains

Trialling curtains that can be used for longer and recycled.

11. Recycling bins

Wider roll-out of recycling bins in clinical areas.

IPC and Sustainability report



With thanks to

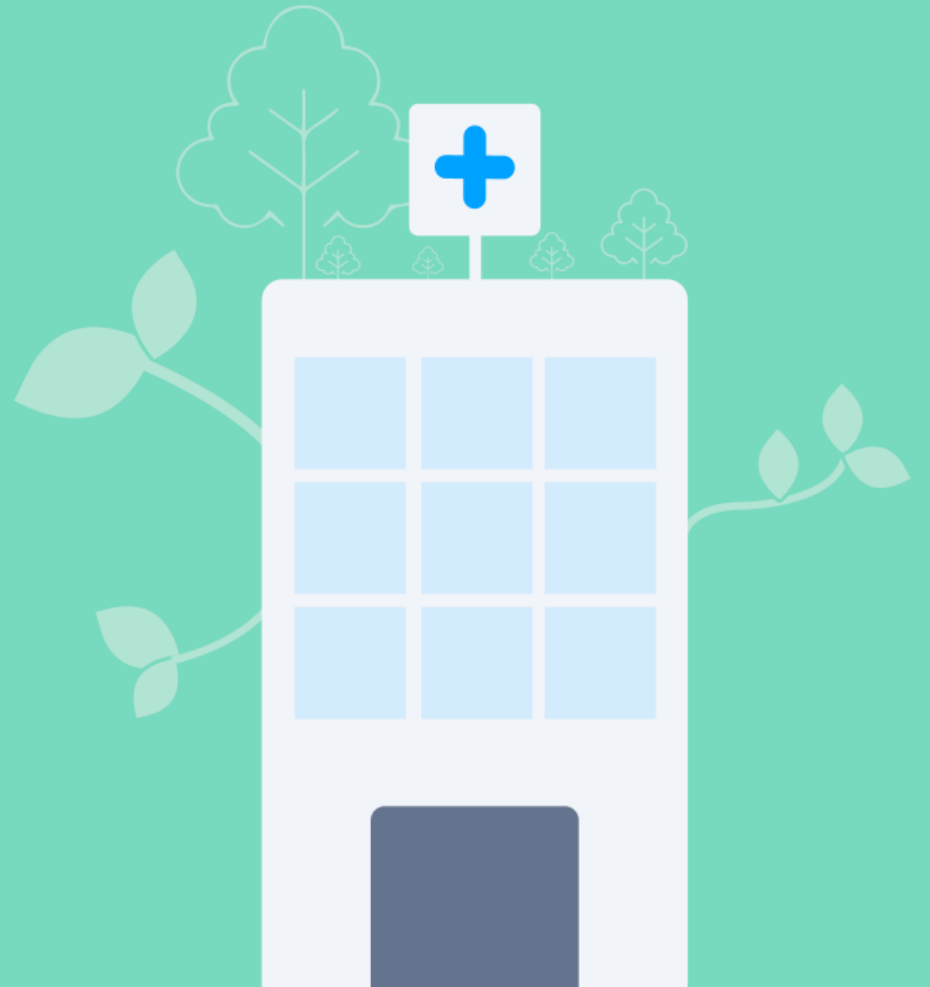
- NHS England CNO team
- GWH Sustainability team
- Clinical teams
- NHS Dorset graphic design team

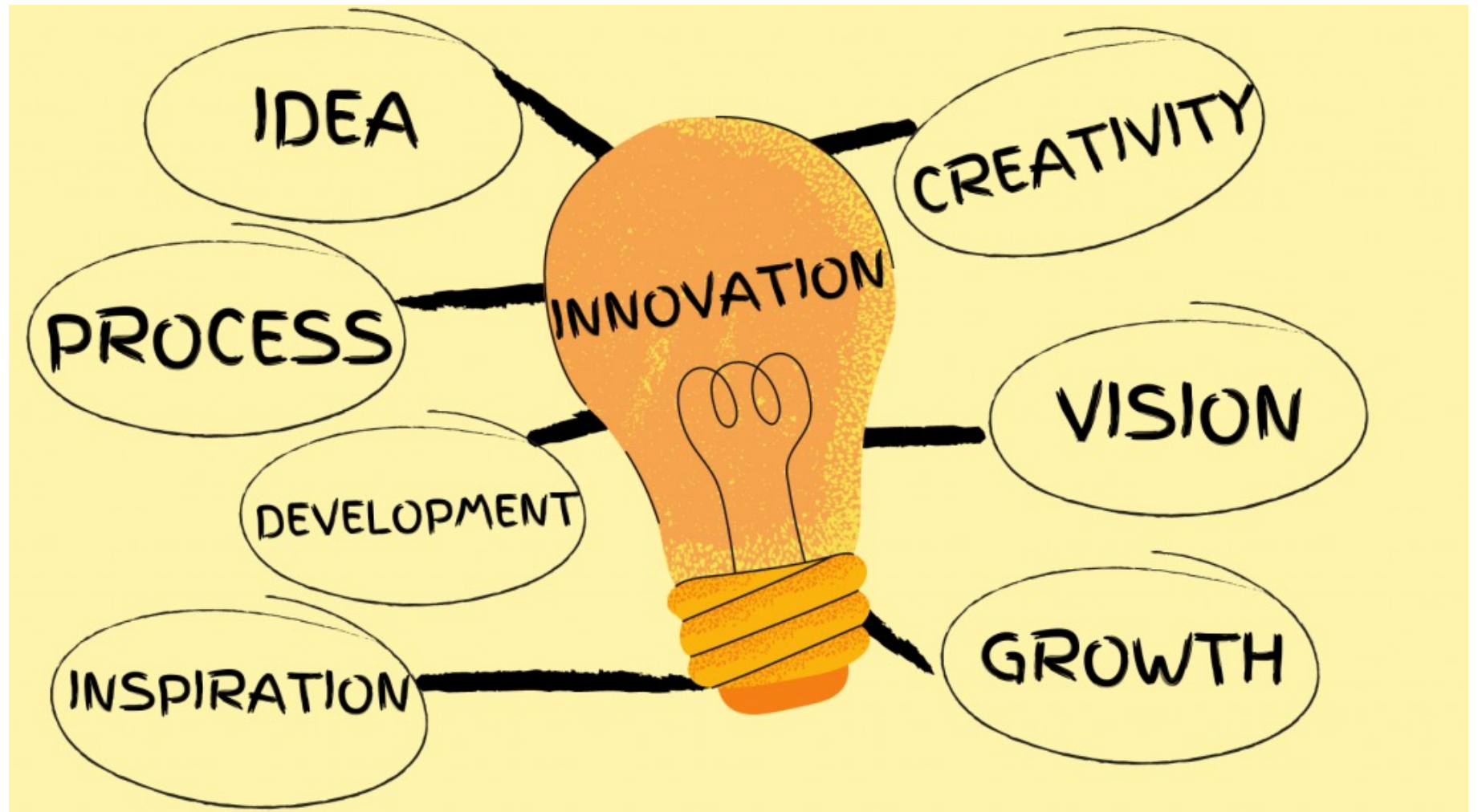
- [Download our report here](#)



Or go to <https://www.gwh.nhs.uk/media/aakj2uqq/1-gwh-ipc-sustainability-report-v1-0-digital-spreads.pdf>

Net-Zero Healthcare







*If not you,
who?*

*If not now,
when?*



**Escola de
ENFERMAGEM**

Universidade de São Paulo



PETIRAS

Sustainability in the OR and in the Reprocessing of medical devices

Prof Dr Camila Quartim de Moraes Bruna

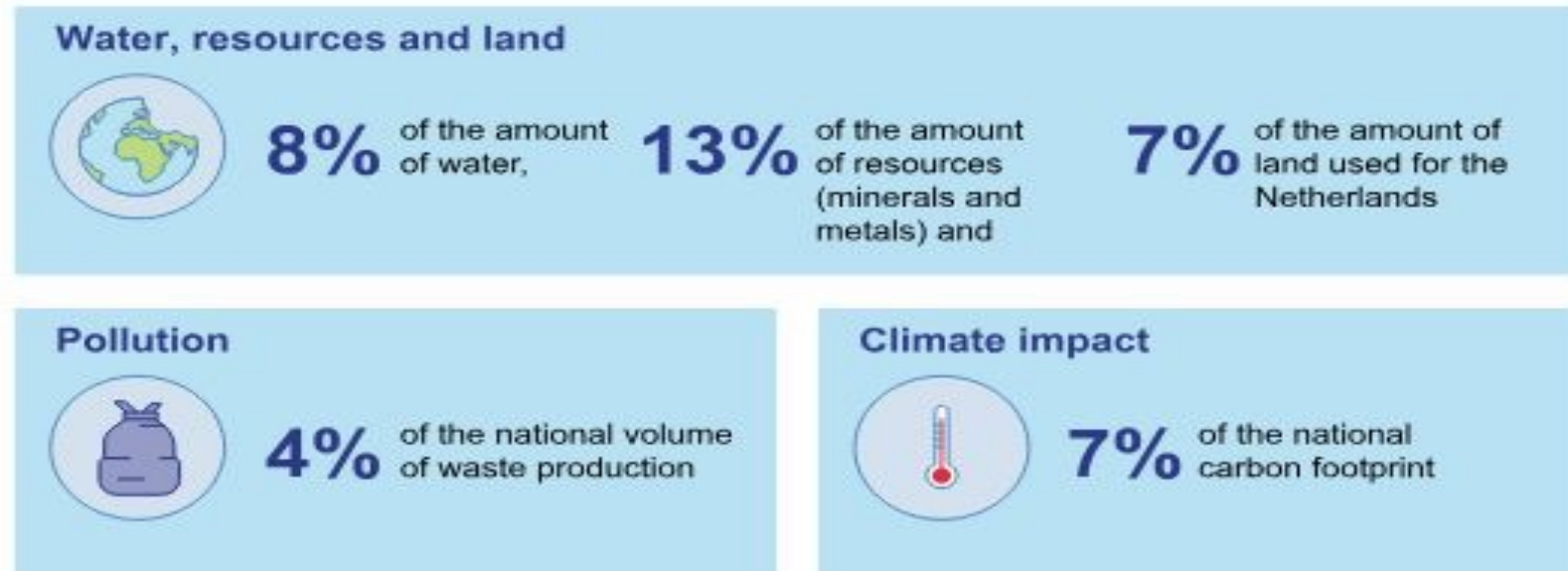


Disclousure

I declare that I have no conflicts of interest that could compromise my impartiality.

The environmental impact of healthcare takes a number of forms, including greenhouse gas emissions, the use of water, resources and land, and pollution

Healthcare is responsible for:



Source: Rijksinstituut voor Volksgezondheid en Milieu (RIVM). Rapport 2022-0127. *Het effect van de Nederlandse zorg op het milieu. Methode voor milieuvoetafdruk en voorbeelden voor een gezonde zorgomgeving*. Conceptversie 5 september 2022.

Figure 1 The environmental impact of healthcare

Global Surgery 2030: evidence and solutions for achieving health, welfare, and economic development



John G Meara, Andrew J M Leather*, Lars Hagander*, Blake C Alkire, Nivaldo Alonso, Emmanuel A Ameh, Stephen W Bickler, Lesong Conteh, Anna J Dare, Justine Davies, Eunice Dérivois Mérisier, Shenaaz El-Halabi, Paul E Farmer, Atul Gawande, Rowan Gillies, Sarah L M Greenberg, Caris E Grimes, Russell L Gruen, Edna Adan Ismail, Thaim Buya Kamara, Chris Lavy, Ganbold Lundeg, Nyengo C Mkandawire, Nakul P Raykar, Johanna N Riesel, Edgar Rodas†, John Rose, Nobhojit Roy, Mark G Shrimé, Richard Sullivan, Stéphane Verguet, David Watters, Thomas G Weiser, Iain H Wilson, Gavin Yamey, Winnie Yip*

- 313 million surgeries worldwide
- More surgical or hospital deliveries (21.1%)

THE LANCET

The impact of surgery on global climate: a carbon footprinting study of operating theatres in three health systems



Andrea J MacNeill, Robert Lillywhite, Carl J Brown

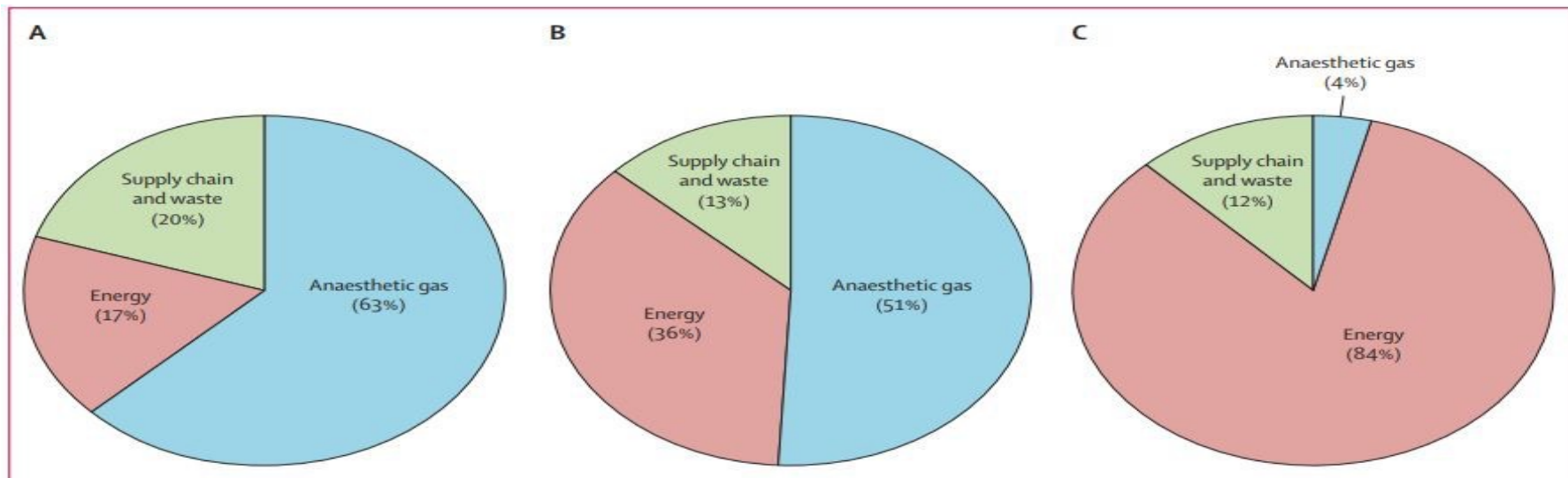


Figure 2: Relative contribution of scopes 1, 2, and 3 to the carbon footprint of operating theatres at (A) Vancouver General Hospital, (B) University of Minnesota Medical Center, and (C) John Radcliffe Hospital
Anaesthetic gas=scope 1. Energy=scope 2. Supply chain and waste=scope 3.

Healthcare Waste—A Serious Problem for Global Health

Edyta Janik-Karpinska ¹, Rachele Brancaloni ², Marcin Niemcewicz ¹, Wiktor Wojtas ³, Maurizio Foco ⁴, Marcin Podogrocki ¹ and Michal Bijak ^{1,*}

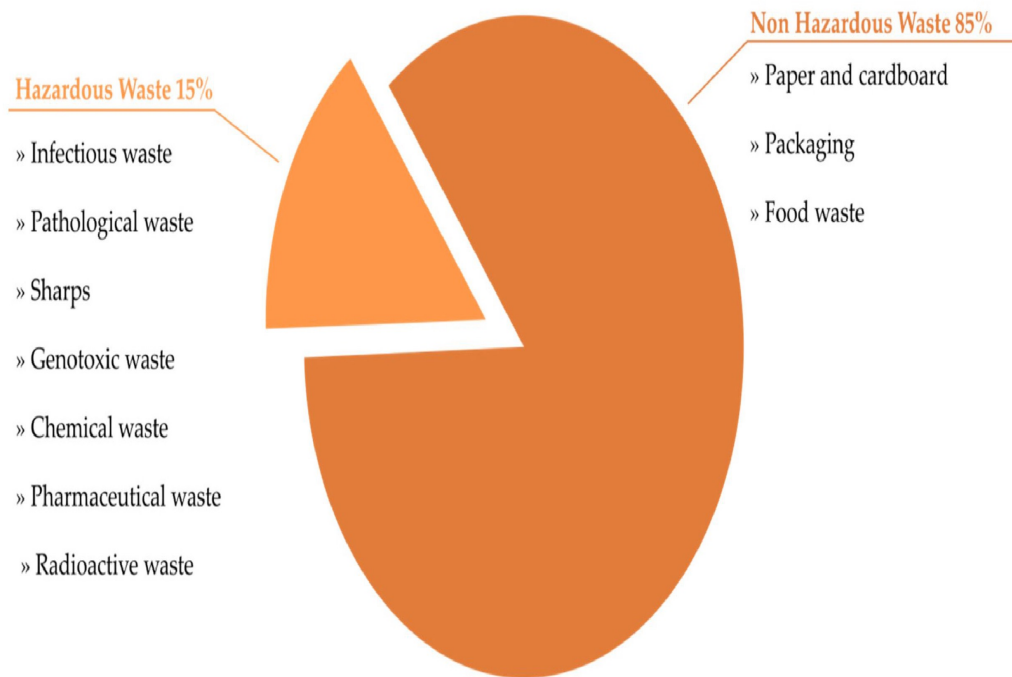
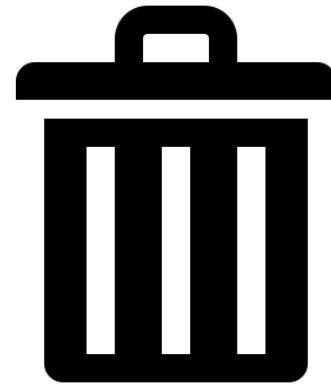
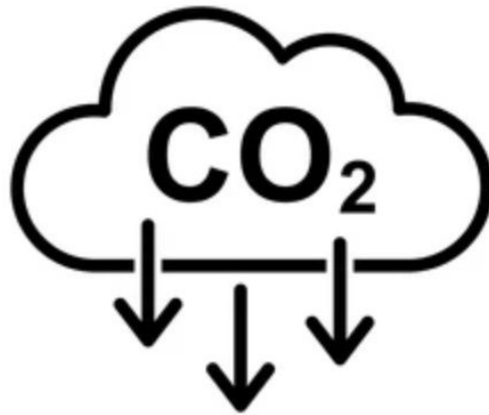


Figure 1. Standard waste composition in health facilities.

Table 3. Example of HCW production rate in various countries worldwide.

Continent	Countries	HCW Generation (kg/bed/day)	Reference
North America	USA	8.4–10.7	[16–18]
	Canada	8.2	[16,19]
Europe	Spain	3.5–4.4	[17,18,20]
	Norway	3.9	[18,20]
	Greece	0.3–3.6	[18,21,22]
	France	2.7–3.3	[17,18,23]
Asia	Kazakhstan	5.34–5.4	[8,18,24]
	China	0.6–4.03	[18,25,26]
	Jordan	2.5–6.10	[17,18,27]
	India	0.8–2.31	[18,23,28]
South America	Argentina	2.7–3.0	[18,23]
	Brazil	2.94–3.3	[17,18,29]
	Ecuador	2.09–2.1	[18,30]
Africa	Ethiopia	1.1–1.8	[18,31,32]
	Egypt	0.7–1.7	[18,19,33]
	Sudan	0.38–0.9	[18,34,35]
	Morocco	0.4–0.7	[18,36]

Biggest villains in the OR and SPD



Stall N, et al, 2013; MacNeill AJ, 2017, Beloeil H, Albaladejo P, 2021



Article

Assessing the Energy Demand Reduction in a Surgical Suite by Optimizing the HVAC Operation During Off-Use Periods

Antón Cacabelos-Reyes ¹, José Luis López-González ², Arturo González-Gil ¹,
Lara Febrero-Garrido ^{1,*}, Pablo Eguía-Oller ³ and Enrique Granada-Álvarez ³

Energy & Buildings 174 (2018) 513–526



Contents lists available at ScienceDirect

Energy & Buildings

journal homepage: www.elsevier.com/locate/enbuild



- Air conditioning;
- Presence sensors;
- LED lights.

Thermal energy demand and potential energy savings in a Spanish surgical suite through calibrated simulations

A. González-Gil ^{a,*}, J.L. López-González ^{b,c}, M. Fernández ^c, P. Eguía ^c, A. Erkoreka ^d,
E. Granada ^c

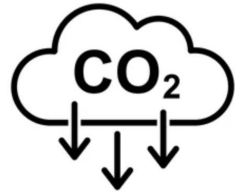
^a Defense University Center, Spanish Naval Academy, Plaza de España s/n, 36920 Marín, Spain

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^c Department of Mechanical Engineering, Heat Engines and Fluid Mechanics, Industrial Engineering School, University of Vigo, 36310 Vigo, Spain

^d ENEDI Research Group, Department of Thermal Engineering, University of the Basque Country, UPV, EHU, Alda.Urquijo s/n, Bilbao, Spain





Greenhouse Gas Emissions of Common Inhaled Anesthetic Agents. (Adapted from Ryan, et al.⁷²)

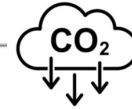
MAC inhaled agent	Atmospheric lifetime (years)	100-year Global Warming Potential (GWP) ⁷¹ (per kg, in comparison with 1 kg CO ₂ , where GWP CO ₂ = 1)	Equivalent auto miles* driven MAC-hour of anesthetic use at 1 L/min
Isoflurane 1.2%	3.6	539	8
Sevoflurane 2.2%	1.9	144	4
Desflurane 6.7%	14	2,540	190
60% Nitrous Oxide (0.6 MAC)	114	273	49

MAC = mean alveolar concentration

* Based on EPA 2022 emission factor of 4.03×10^{-4} metric tons of CO₂-equivalent/mile

Recommendations

- Sustainable disposal of chemicals;
- Reduce gas flow (O₂);
- Routinely check for leaks (gases);
- Desflurane < N₂O < Isoflurane < Sevoflurane < Propofol < Local;
- Education on sustainability.



Guidelines

Principles of environmentally-sustainable anaesthesia: a global consensus statement from the World Federation of Societies of Anaesthesiologists

S. M. White,¹ C. L. Shelton,^{2,3} A. W. Gelb,⁴ C. Lawson,⁵ F. McGain,^{6,7} J. Muret⁸ and J. D. Sherman,⁹ representing the World Federation of Societies of Anaesthesiologists Global Working Group on Environmental Sustainability in Anaesthesia*



ORIGINAL RESEARCH ARTICLE

Open Access

Reducing otolaryngology surgical inefficiency via assessment of tray redundancy

Christopher J Chin¹, Leigh J Sowerby¹, Ava John-Baptiste^{2,3,4} and Brian W Rotenberg^{1*}

Abstract

Background: Health care costs in Canada continue to rise. As a result of this relentless increase in healthcare spending, ways to increase efficiency and decrease cost are constantly being sought. Surgical treatment is the mainstay of therapy for many conditions in the field of Otolaryngology- Head and Neck Surgery. The evidence suggests that room exists to optimize tray efficiency as a novel means of improving operating room throughput.

Methods: We conducted a review of instruments on surgical trays for 5 commonly performed procedures between July 5th, 2013 and September 20th, 2013 at St Joseph's Hospital. The Instrument Utilization Rate was calculated; we then designed new 'optimized' trays based on which instruments were used at least 20% of the time. We obtained tray building times from Central Processing Department, then calculated an overall mean time per instrument (to pack the freshly washed instruments). We then determined the time that could be saved by using our new optimized trays.

Results: In total, 226 instrument trays were observed (Table 1). The average Instrument Utilization Rate was 27.8% (+/- 13.1). Our optimized trays, on average, reduced tray size by 57%. The average time to pack one instrument was 17.7 seconds.

Conclusions: By selectively reducing our trays, we plan to reduce tray content by an average of 57%. It is important to remember that this number looks at only 5 procedures in the Department of Otolaryngology- Head and Neck Surgery. If this was expanded city-wide to the rest of the departments, the improved efficiency could potentially be quite substantial.

Keywords: Otolaryngology, Efficiency analysis, Surgery

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Association for Academic Surgery

Surgical tray optimization as a simple means to decrease perioperative costs

James S. Farrelly, MD, MHS,^{a,*} Crystal Clemons, MPH, PMP,^b Sherri Witkins, BSN, RN, CNOR,^b Walter Hall,^b Emily R. Christison-Lagay, MD,^{a,b} Doruk E. Ozgediz, MD, MSc,^{a,b} Robert A. Cowles, MD,^{a,b} David H. Stitelman, MD,^{a,b} and Michael G. Caty, MD, MMM^{a,b}

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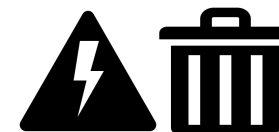
^b Department of Surgery, Yale New Haven Children's Hospital, New Haven, Connecticut



Patient Safety/Quality Improvement

Surgical Instrument Optimization to Reduce Instrument Processing and Operating Room Setup Time

Lauren Crosby, MSc¹, Eric Lortie, MHA², Brian Rotenberg, MD, MPH, FRCSC³, and Leigh Sowerby, MD, MHM, FRCSC³



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ELSEVIER

Decreasing operating room costs via reduction of surgical instruments

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Keywords: Surgical; Cost; Reduction

Summary

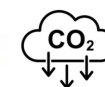
Background
Rising costs in health care demand waste reduction and improved efficiency throughout the hospital. Surgeons have an important role in regard to the number of instruments used in procedures. Previous studies have demonstrated instrument maintenance and sterilization cost approximately \$0.51–\$0.77 per instrument and found that only 13–21.9% of instruments opened are used.

orchiopexy with hernia cases, 10 scrotal orchiopexy cases, and 10 inguinal hernia cases were counted. The percentage of utilization was calculated. This process was then replicated in other surgical trays.

Results

The GU minor instrument tray was reduced from 57 to 35 instruments, a 39% reduction in size. Scrotal orchiopexy uses the least instruments (16.9), a utilization percentage of 48.3% after reduction. Inguinal orchiopexy with hernia repair uses the most





The 5 R's

Reduce:

Energy consumption: reduction of heating/AC or ventilation when unoccupied, switch to LED bulbs

Water consumption: reduce flow in OR faucet

Paper: suppression of anaesthesia printed report (only e file)

Plastic : decrease single use and packaging

Drugs and materials : Reduce overage

Chemical and environmental exposures : BPA, Phtalates, endocrine disruptors etc...

Other: Cups, coffee capsules, water bottles

Reuse:

Reprocessing of medical devices

Recycle:

Plastics

Paper

Medical glass

Cartons and cardboards

Metals such as stainless steel, aluminium, copper

Batteries

Rethink:

Remove unnecessary items, unused tools from surgical kits

Walking patient to the OR

Reinvest benefits into projects for patients and/or professionals

Sustainable purchasing (life cycle analysis...etc...)

Use telemedicine

Reduction in hospital length of stay (fast-tracking, day case..)

Research:

Life cycle analysis of medical devices

Carbon footprint of new practices/technologies

Comparison of carbon footprint of different health systems

Development of « green » devices

Consumption

Fig. 1. The 5R's in the operating room (from ESA tool kit for beginners [43]).



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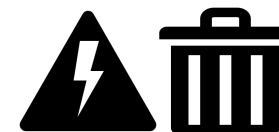
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Health Policy & Economics

Optimization of Orthopedic Surgical Instrument Trays: Lean Principles to Reduce Fixed Operating Room Expenses

Kyle H. Cichos, BS^a, Zane B. Hyde, MD^a, Scott E. Mabry, MD^a, Elie S. Ghanem, MD^{a,*}, Eugene W. Brabston, MD^a, Leslie W. Hayes, MD^b, Gerald McGwin Jr., PhD^c, Brent A. Ponce, MD^a

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^c Department of Epidemiology, UAB School of Public Health, Birmingham, AL

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Quality Improvement Study

Implementing a perioperative efficiency initiative for orthopedic surgery instrumentation at an academic center

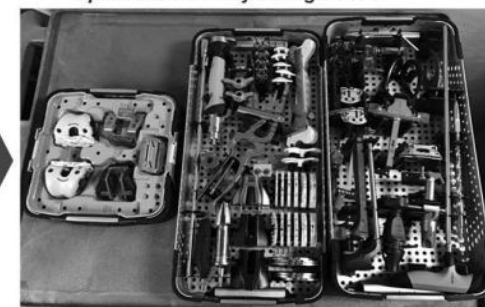
A comparative before-and-after study

Richard Capra, BS^a, Stefano A. Bini, MD^a, Dawn E. Bowden, PhD^{b,*}, Katherine Etter, PhD^b, Matt Callahan, MSBA^a, Richard T. Smith, MBA^b, Thomas Parker Vail, MD^a

Original TKA Tray Configuration



Optimized TKA Tray Configuration



Original THA Tray Configuration



Optimized THA Tray Configuration



Figure 1. Optimized tray configuration. TKA = total-knee arthroplasty, THA = total-hip arthroplasty.





Plastics in healthcare: time for a re-evaluation

Chantelle Rizan^{1,2,3}, Frances Mortimer², Rachel Stancliffe² and Mahmood F Bhutta^{1,4}

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Corresponding author: Chantelle Rizan. Email: chantelle.rizan@sustainablehealthcare.org.uk

Figure 2. 101 single-use pieces of plastic, generated by one typical adenotonsillectomy operation.



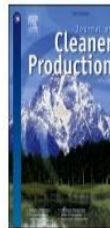
<https://talkintrashwithuhn.com/2022/01/21/put-on-your-thinking-wrap/>



Contents lists available at ScienceDirect

Journal of Cleaner Production

journal homepage: www.elsevier.com/locate/jclepro



Developing environmental transformational leadership with training:
Leaders and subordinates environmental behaviour outcomes

Chibuike K. Nduneseokwu^a, Marie K. Harder^{a,b,*}

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^b Values & Sustainability Research Group, School of Architecture, Technology and Engineering, University of Brighton, UK

- Role model, example!
- Optimism;
- Passion;
- Recognition.



INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY JANUARY 2010, VOL. 31, NO. 1

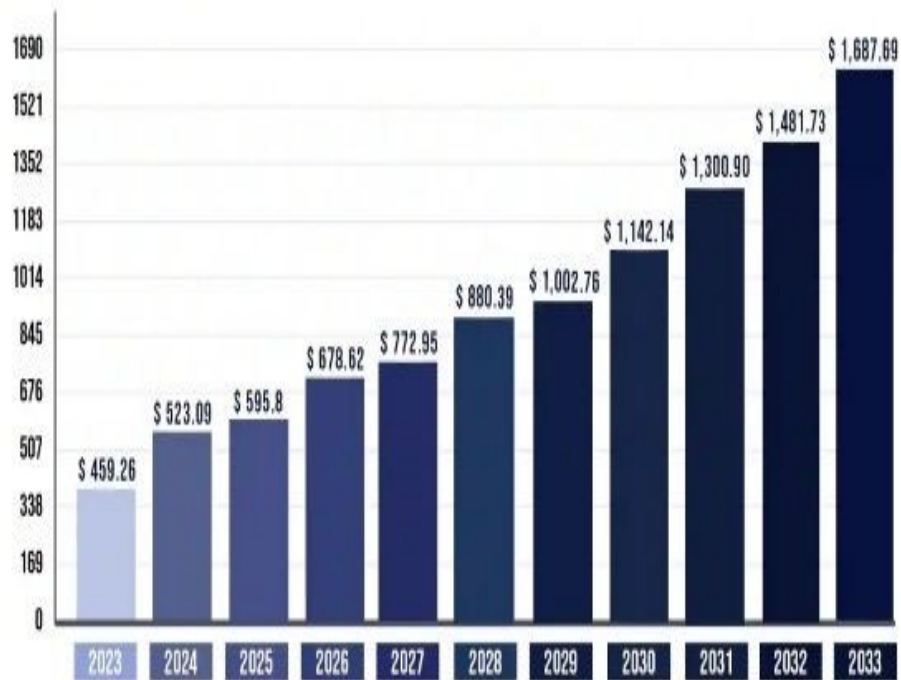
ORIGINAL ARTICLE

Positive Deviance: A New Strategy for Improving Hand Hygiene Compliance

Alexandre R. Marra, MD; Luciana Reis Guastelli, RN; Carla Manuela Pereira de Araújo, RN;
Jorge L. Saraiva dos Santos, RN; Luiz Carlos R. Lamblet, RN; Moacyr Silva Jr, MD; Gisele de Lima, PharmD;
Ruy Guilherme Rodrigues Cal, MD; Ângela Tavares Paes, PhD; Miguel Cendoroglo Neto, MD;
Luciana Barbosa, PharmD; Michael B. Edmond, MD, MPH, MPA; Oscar Fernando Pavão dos Santos, MD



MEDICAL DISPOSABLES MARKET SIZE 2023 TO 2033 (USD BILLION)



Source: <https://www.precedenceresearch.com/medical-disposables-market>

DISPOSABLE GLOVES MARKET SIZE, 2021 TO 2030 (USD BILLION)

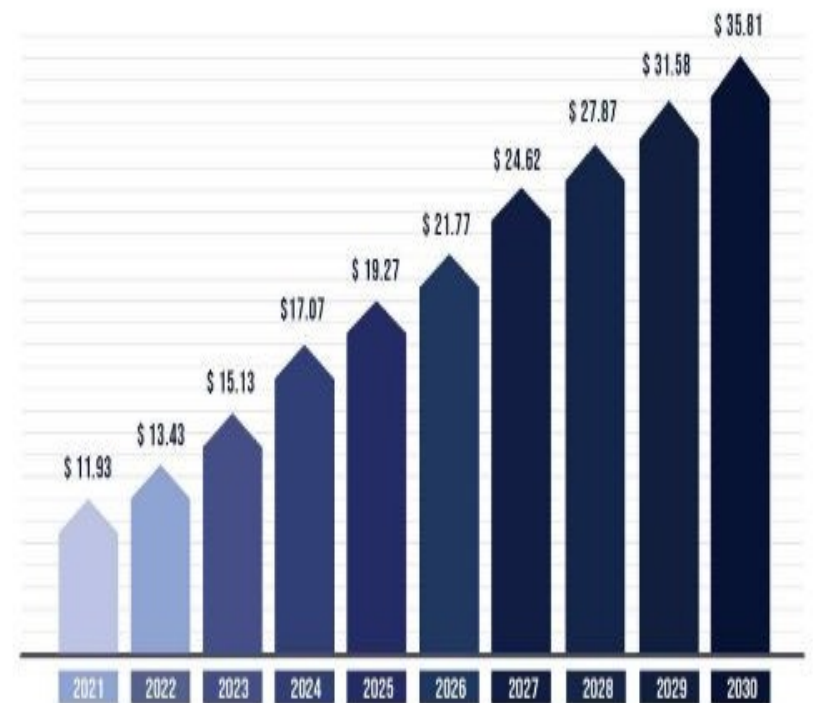
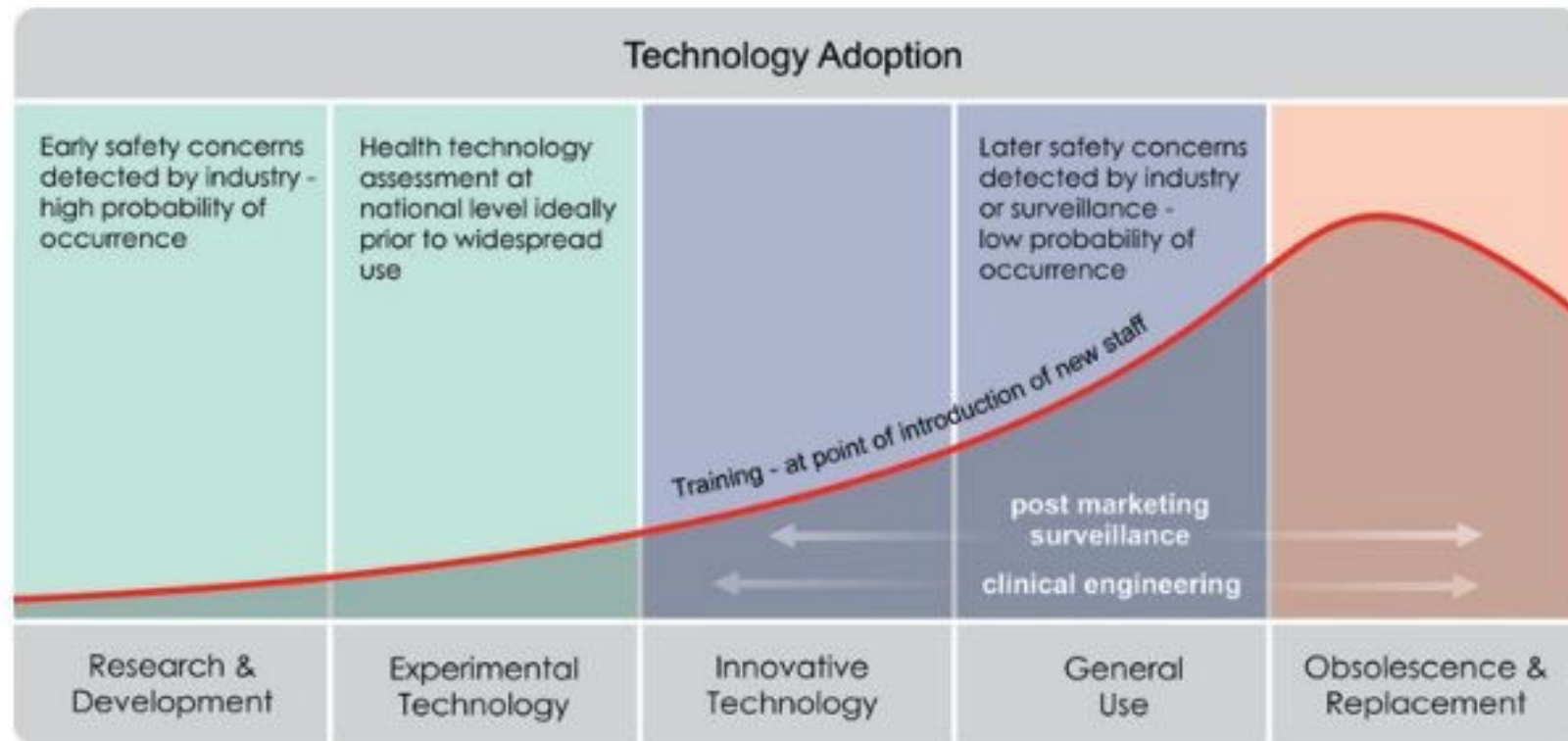




Figure 1 Life cycle of technology.
Different safety concerns emerge through out the life of a new technology.



“Throw away” to where?



Fonte imagem: vecteezy

From our planet's point of view,
there's no throwing garbage out.
Because there is no "out".



Disposable

In the long run, EVERYTHING is
disposable!

ARTICLE

Endophthalmitis reduction with intracameral moxifloxacin in eyes with and without surgical complications: Results from 2 million consecutive cataract surgeries



Aravind Haripriya, MD, David F. Chang, MD, Ravilla D. Ravindran, MD

Purpose: To analyze the posterior capsule rupture (PCR) rates among staff and trainee cataract surgeons, and the postoperative endophthalmitis (POE) rates in uncomplicated and complicated eyes both with and without intracameral moxifloxacin prophylaxis (ICMP).

Setting: Ten regional Aravind Eye Hospitals in India.

Design: Retrospective multicenter clinical registry within a single hospital network.

Methods: POE rates with and without ICMP were statistically compared for all eyes and separately for trainees versus staff, for phacoemulsification versus manual small-incision cataract surgery (M-SICS), and for a subgroup of eyes complicated by PCR or requiring secondary surgery.

Results: All cataract surgeries (2 062 643) performed during the 8-year period from 2011 to 2018 at the 10 regional Aravind Eye hospitals were included in the analysis. With ICMP, the overall

POE rate declined from 692 (0.07%) of 993 009 eyes to 185 (0.02%) of 1 069 634 eyes ($P < .001$). This was independently significant for phacoemulsification and for M-SICS ($P < .001$). The overall PCR rate was 28 352 (1.37%) of 2 062 643 eyes, and it was statistically higher for trainees irrespective of surgical method ($P < .001$). Both staff and trainee surgeons had higher PCR rates with phacoemulsification than with M-SICS ($P < .001$). Absent ICMP, PCR increased the overall POE rate by more than 7-fold to 63 (0.43%) of 14 505 eyes. ICMP reduced the POE rate after PCR to 25 (0.18%) of 13 847 eyes ($P = .002$). This ICMP benefit was separately significant for both M-SICS (0.54% vs 0.26%, $P = .01$) and phacoemulsification (0.29% vs 0.06%, $P = .005$). The POE rate was especially high after secondary IOL implantation (0.90% without ICMP vs 0.34% with ICMP; $P = .10$).

Conclusions: ICMP reduced the POE rate overall, with phacoemulsification, with M-SICS, and in eyes with PCR.

J Cataract Refract Surg 2019; 45:1226–1233 © 2019 ASCRS and ESCRS

- More than 2 million cataract surgeries performed in India, predominantly using reusable equipment, endophthalmitis rates were significantly lower than those reported in the United Kingdom (where single-use products are routinely used).

| REVISÃO NARRATIVA/CRÍTICA |

ESTERILIZAÇÃO PELO VAPOR: ASPECTOS FUNDAMENTAIS E RECURSOS TÉCNICOS PARA REDUÇÃO DO CONSUMO DE ÁGUA

Steam sterilization: fundamental aspects and technical resources to reduce water consumption

Esterilización por vapor: fundamentos y recursos técnicos para reducción del consumo de agua

Paulo Roberto Laranjeira¹, Jeane Aparecida Gonzalez Bronzatti², Rafael Queiroz de Souza³, Kazuko Uchikawa Graziano⁴

Reduction of water consumption:

- preferential purchase of equipment with water-free pumps;
- turning off the steam generator when the equipment is not in use;
- equipment with built-in degassers;
- loading the equipment in a way that facilitates steam penetration and reduces drying time;
- re-adjusting the vacuum depth to reduce the time the vacuum pump is used;
- preventive maintenance.

Steam sterilisation's energy and water footprint

Forbes McGain^{1,4} MBBS, FANZCA, FCICM, Anaesthetist, Intensive Care Unit Physician

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*Jim Black*³ MBBS, PhD, Associate Professor

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- Considerable electricity and water consumption occurred during standby mode;
- Light loads had higher consumption.

Usage of dishwashers: observation of consumer habits in the domestic environment

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Keywords

Consumer habits, dishwasher, dishwashing, dishwasher loading, pretreatment, programme choice.

Correspondence

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E-mail: haushaltstechnik@uni-bonn.de

Abstract

Over the years, appliance manufacturers have been successful in developing dishwashers that enable consumers to save time, energy and water very conveniently. Within the last 20 years the savings in energy consumption exceed 30%, and the average water consumption per cycle has been more than halved. As a result, it is very hard for the majority of people to compete with the efficiency of a dishwasher when dishes are done by hand. However, consumer habits (e.g. regarding the use of the dishwasher load capacity, programme choice and particularly the additional pretreatment of dishes with water) are influencing the overall efficiency of the dishwashing process and resource use. Still, detailed information on consumer behaviour in everyday life concerning these issues is rare.

- Dishwashers used, on average, 50% less water and 28% less energy per item cleaned compared to manual cleaning;
- No pre-cleaning with water.

GUIDELINES ARTICLE

Open Access

APSIC guidelines for disinfection and sterilization of instruments in health care facilities

Moi Lin Ling^{1*}, Patricia Ching², Ammar Widadiputra³, Alison Stewart⁴, Nanthipha Sirijindadirat⁵ and Le Thi Anh Thu⁶



Recommendations for disinfection of reusable medical equipment / devices [39–42]

When selecting a disinfectant for reprocessing medical equipment/devices in the health care setting, consideration needs to be given to:

- a. Efficacy for the intended use;
- b. Compatibility with the equipment/device and surfaces to be disinfected;
- c. The intended end use of the equipment/devices to be disinfected;
- d. The method for monitoring the product concentration;
- e. Recommendations for rinsing following disinfection (e.g., water quality, volume, time);
- f. Safety for use, with minimal toxic and irritating effects to staff; and
- g. Environmental safety and biodegradability.



O custo de desperdício de materiais de consumo em um centro cirúrgico¹

Liliana Cristina de Castro²
Valeria Castilho³

- Avoidable waste: material that should not have been opened;
 - total loss of the quantity contained in the package, due to advance and/or inadvertent request
- Unavoidable waste: there was no need to use all items;
 - quantity of packaging
- Most wasted items: surgical sutures and gauze.

Proposta de modelo para cálculo de desperdício associado ao processamento de instrumentais cirúrgicos consignados*

- Surgeries with consignment canceled;
- Surgeries: waste of R\$ 34,340.18 (2019 to 2021 – preparation only);
 - hip arthroplasty;
 - spinal arthrodesis;
 - knee arthroplasty.
- ✓ Inappropriate material for use (incorrect or incomplete);
- ✓ Wet material;
- ✓ Presence of dirt;
- ✓ Delay in preparation;
- ✓ Problems related to the patient;
- ✓ Problems related to the medical team.

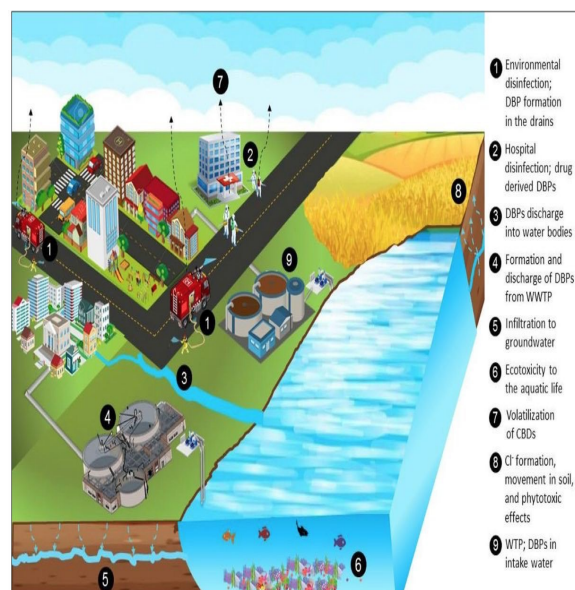
NOVEL CORONA VIRUS (COVID-19) IN ENVIRONMENTAL ENGINEERING PERSPECTIVE



Environmental impacts of the widespread use of chlorine-based disinfectants during the COVID-19 pandemic

Naseeba Parveen¹ · Shamik Chowdhury¹ · Sudha Goel^{1,2}

Fig. 2 Overview of possible fate and transport of CBDs during and after application



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Science of the Total Environment

journal homepage: www.elsevier.com/locate/scitotenv



Widespread occurrence of quaternary alkylammonium disinfectants in soils of Hesse, Germany

Kai Jansen^{a,*}, Christian Mohr^a, Katrin Lügger^b, Christian Heller^b, Jan Siemens^a, Ines Mulder^a

^a Institute of Soil Science and Soil Conservation, iFZ Research Center for BioSystems, Land Use and Nutrition, Justus Liebig University Giessen, Heinrich-Buff-Ring 26-32, 35392 Giessen, Germany

^b Hessian Agency for Nature Conservation, Environment and Geology, Rheingastrasse 186, 65203 Wiesbaden, Germany

Ecotoxicology and Environmental Safety 233 (2022) 113334



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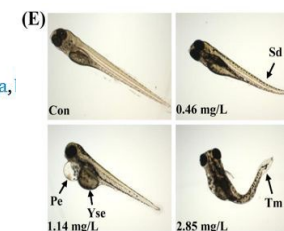
Developmental toxicity of bromoacetamide via the thyroid hormone receptors-mediated disruption of thyroid hormone homeostasis in zebrafish embryos

Wei Wang^{a,b,1}, Qiyao Ma^{a,b,1}, Xinliang Ding^{c,1}, Yihua Xu^a, Mengting He^{a,b}, Jie Xu^a, Jianjun Liu^{a,b}, Cheng Ji^{a,*}, Jie Zhang^{a,b,**}

^a Medical College of Soochow University, Suzhou, China

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Current understanding on antibacterial mechanisms and research progress of tea polyphenols as a supplementary disinfectant for drinking water

Jing Li^{a,b}, Cuimin Feng^{a,b,*}, Jiyue Jin^c, Weiqi Yang^{a,b} and Zile Wang^{a,b}

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^cBeijing Waterworks Group, Beijing 100031, China

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Review

Current and future chemical treatments to fight biodeterioration of outdoor building materials and associated biofilms: Moving away from ecotoxic and towards efficient, sustainable solutions

Mattea Romani^a, Thomas Warscheid^b, Lionel Nicole^c, Lionel Marcon^a, Patrick Di Martino^d, Marcelino T. Suzuki^a, Philippe Lebaron^a, Raphaël Lami^{a,*}

^aSorbonne Université, CNRS, Laboratoire de Biodiversité et Biotechnologies Microbiennes (LBBM), Observatoire Océanologique de Banyuls sur Mer, Avenue Pierre Fabre, 66650 Banyuls-sur-Mer, France

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^cSorbonne Université, CNRS, Laboratoire de chimie de la matière condensée de Paris (LCMCP), 4 Place Jussieu, 75005 Paris, France

^dUniversité de Cergy-Pontoise, Laboratoire ERMEEC, rue Descartes site de Neuville-sur-Oise, 95031 Cergy-Pontoise, France

Green disinfectants

- Several challenges in their scale-up:
 - Substantial cost of production on a per-cost basis;
 - Unclear mode of action;
 - Lack of chemical standardization and quality control;
- Herbal disinfectants are often used as auxiliary agents to enhance the effectiveness of chemical disinfectants.



DfE-Certified Products are Evaluated Based On:



Search Products that Meet the Safer Choice Standard

Busque productos que cumplan con la norma Safer Choice

Looking for safer cleaning and other products? Use the search box below to find products that meet the Safer Choice Standard.

A downloadable spreadsheet of Safer Choice-certified products list is also available on [EPA Envirofacts](https://www.epa.gov/envirofacts).

Search Safer Choice-Certified Products

Product or Company Name (Optional)

Home or Business Use (Optional) ▾
Product Type (Optional) ▾

Show only:
☐ Fragrance-free products¹
☐ Products with outdoor uses²

Note: in the product listing, the notation (" + ") means that the partner company is overdue for their yearly partnership review with Safer Choice.

Show 25 ▾ entries

Previous 1 2 Next

Product Name	Company	Sector	Type
LYNX LXL-12 Peroxide Cleaner	ABC Compounding Co., Inc.	Business	All-Purpose Cleaners
Green Earth Peroxide Cleaner	Betco Corporation	Business	All-Purpose Cleaners
Husky 908 PeroxAll Concentrated Peroxide Cleaner	Canberra Corporation	Business	All-Purpose Cleaners

Eco-friendly Disinfectants

Green disinfectants

Natural Disinfectants

Chlorine

Peracetic Acid

Examples of bacteria

- *Bacillus subtilis* spores
- *Clostridioides difficile* spores
- *Mycobacterium chelonae* environmental isolates
- *Mycobacterium massiliense* environmental isolates

- *M. chelonae* standard culture collection
- *Pseudomonas aeruginosa*
- *Staphylococcus aureus* environmental isolates

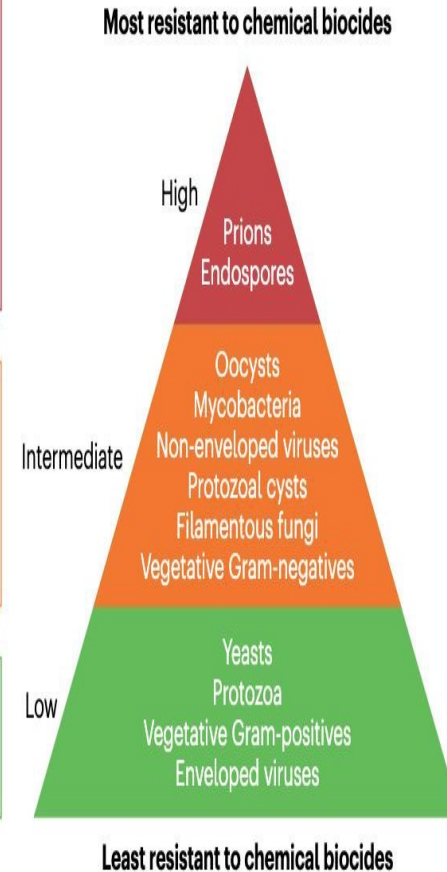
- *B. subtilis* (vegetative)
- *S. aureus* standard culture collection

Examples of biocides

- Ethylene oxide (sterilant)
- Peracetic acid
- ClO_2
- Hydrogen peroxide
- Aldehydes
- Sodium hypochlorite

- Povidone-iodine
- Phenolics
- Complex QAC formulations
- Biguanides-based formulations

- 70% IPA/ethanol
- Simple QAC solutions
- Simple biguanide solutions
- Antimicrobial dyes



Available online at www.sciencedirect.com

ScienceDirect

journal homepage: <http://www.journals.elsevier.com/infection-disease-and-health/>

Discussion paper

Sustainability and novel technologies to improve environmental cleaning in healthcare – Implications and considerations

S. Jain ^{a,*}, K. Dempsey ^a, K. Clezy ^a, B.G. Mitchell ^{b,c,d}, M.A. Kiernan ^{b,e}^a Healthcare Associated Infection Program, Clinical Excellence Commission, Sydney, New South Wales, Australia^b School of Nursing, Avondale University, Lake Macquarie, New South Wales, Australia^c Nursing and Midwifery, Monash University, Melbourne Victoria^d Central Coast Local Health District, Gosford Hospital, Gosford, New South Wales, Australia^e Richard Wells Research Centre, University of West London, UK

Table 1 Risk assessment checklist for introduction of novel cleaning and disinfection technology.

No.	Item	YES	NO
1	Is there sufficient evidence from well-designed non-inferiority studies that the approach or change is not inferior to the existing cleaning method/s?	<input type="checkbox"/>	<input type="checkbox"/>
2	Have any potential unintended consequences of the approach or change been considered and evaluated? <ul style="list-style-type: none"> Are there any storage requirements for products that may have shorter shelf-life? Are there any waste disposal implications? Is there a risk of resistance developing? Is there a risk of skin or other allergic reactions in staff? Will any changes in personal protective equipment be required? Will overall costs rise, including is the system more requiring of staff time? Is the required contact time for efficacy achievable in normal use? Are there any material compatibility issues? Do manufacturers of products approve the use of the product on materials used in healthcare? Are there any potential reactions with other chemicals? Does the product meet all regulatory requirements? 	<input type="checkbox"/>	<input type="checkbox"/>
3	Is additional infection prevention and control education or training required for individuals who will be utilising this product?	<input type="checkbox"/>	<input type="checkbox"/>
4	Have human behavioural considerations been taken into account? <ul style="list-style-type: none"> Will this change increase or complicate workflow? Will this change increase or complicate compliance? 	<input type="checkbox"/>	<input type="checkbox"/>
5	Has the carbon cost of the product been considered?	<input type="checkbox"/>	<input type="checkbox"/>
6	Has a Life Cycle Assessment (LCA) of the product been undertaken?	<input type="checkbox"/>	<input type="checkbox"/>
7	Has the LCA been independently verified?	<input type="checkbox"/>	<input type="checkbox"/>
8	Are additional actions required to reduce the carbon emissions and associated waste ^a from the product?	<input type="checkbox"/>	<input type="checkbox"/>
10	Does it include a net zero target? What is the target? Comment: What demonstrable actions are underway to meet your target? Comment:	<input type="checkbox"/>	<input type="checkbox"/>

^a NB: Waste may include pharmaceuticals, chemical waste, heavy metals, pressurized containers, radioactive waste, and nonhazardous/general waste.



WHO at UNGA: Call for urgent, high-level action to address global scourge of antimicrobial resistance

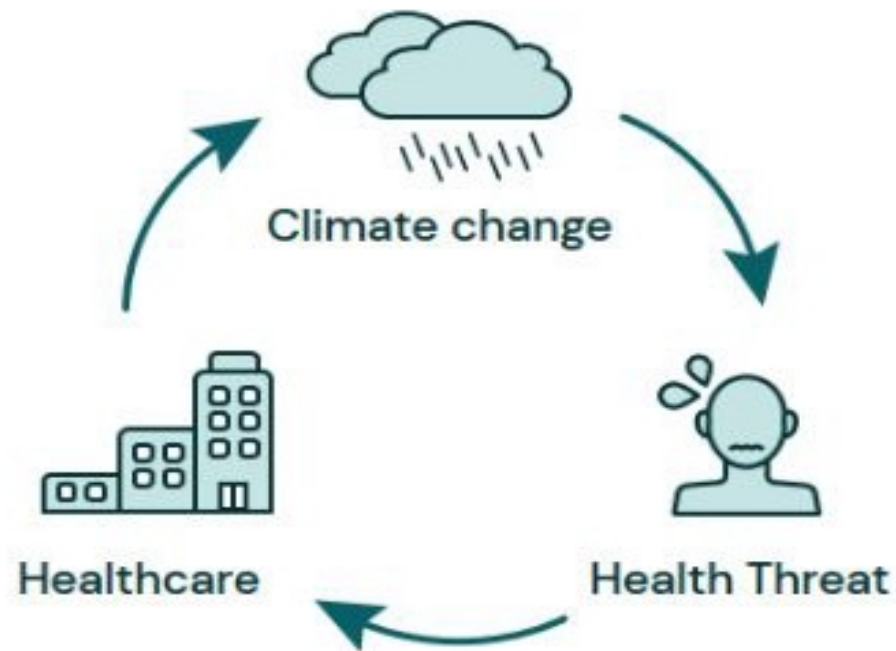
19 September 2024 | News release | Geneva | Reading time: 3 min (892 words)

Antimicrobial resistance:
top 10 dangers to public
health, along with
climate change and
global warming.

(Masterson et al., 2021)

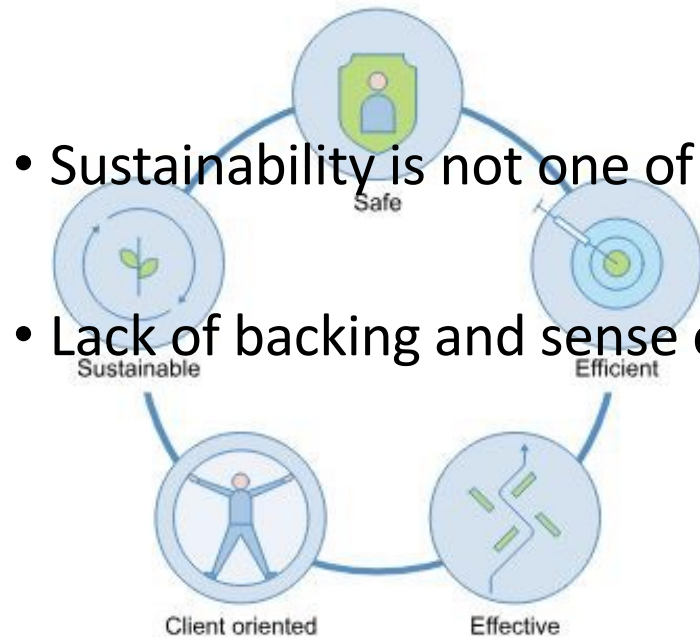
Planetary Health

Figure 1: Interplay between human and planetary health



Brighton & Sussex Medical School, Centre for Sustainable Healthcare, and UK Health Alliance on Climate Change (2023). Green surgery: Reducing the environmental impact of surgical care. London: UKHACC.

Sustainability deserves a place within the framework of good healthcare



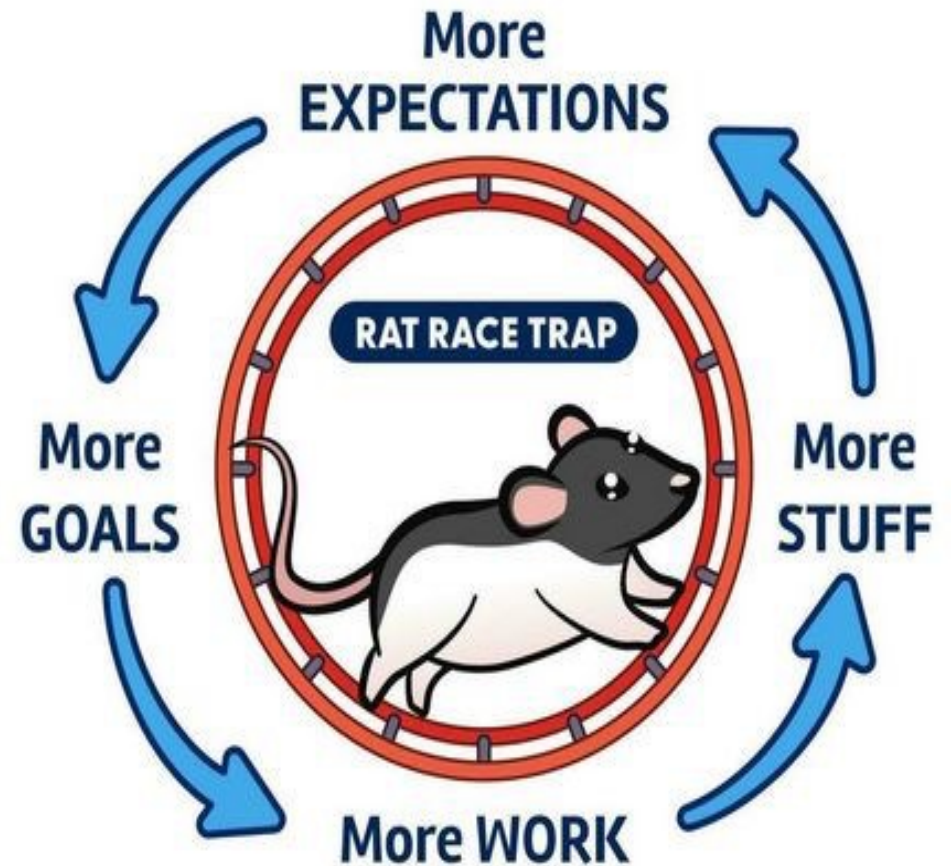
- Sustainability is not one of their primary tasks;
- Lack of backing and sense of urgency perceived.

Barriers:

Figure 3 Frameworks for good care

Small
steps,
big
change

Escape the "rat race"



Fonte: Veectzy



Muito obrigada!

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Where great minds meet

NURSES ARE AT THE FRONTLINE OF PATIENT CARE—
AND THEY'RE ESSENTIAL TO THE FIGHT AGAINST

OCTOBER

- 2 ... Sustainable Healthcare and IPC: Can They Co-Exist? (an IFIC teleclass)
Afro-European Teleclass With Dr. Graham Pike, UK, and Profa. Dra. Camila Quartim de Moraes Bruna, Brazil
- 7 ... Clean Hospitals Day 2025: Human Factors and Collaboration
Afro-European Teleclass With Dr. Alexandra Peters, Switzerland, and Dr. Martina Močenić, Croatia
- 15 ... What Can Knowing Something About the Evolution of *Clostridium difficile* Teach Us About IPAC?
Australasian Teleclass With Prof. Thomas Riley, Australia
- 23 ... Discussion: Are Current Healthcare Cleaning Guidelines Sufficient to Fight Antimicrobial Resistance Spread?
With Dr. Jon Otter, UK & Dr. Curtis Donskey, US
- 28 ... Research Priorities to Strengthen Environmental Cleaning in Healthcare Facilities: the CLEAN Group
Afro-European Teleclass Consensus
With Dr. Giorgia Gon, UK

NOVEMBER

- 11 ... The Use of Faecal Microbiota Transplant as Treatment for *Clostridium difficile*
Afro-European Teleclass With Simon Goldenberg, UK
- 13 ... Solve the LTC Outbreak!
With Steven J. Schweon
- 19 ... Special Lecture for World Toilet Day

DECEMBER

- 4 ... What's On a Surface Doesn't Stay On a Surface - The Dynamics and Risk of Microbial Resuspension From Surfaces
With Prof. Charles Gerba, US
- 16 ... Patience, Patients and Persistent Antimicrobial Resistance
Afro-European Teleclass With Colm Dunne, UK
- 18 ... Empowering Patients to Prevent Healthcare-Associated Infections
With Dr. Curtis Donskey, US

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