



Objectives for Today's Presentation

- Introduction to Green Cleaning and the Sustainable Environment
- Cleaning and disinfection issues
- Occupational and environmental safety
- Green Cleaning opportunities and resource management
- Information resources

The Impact of Cleaning on the Environment

- 5.0 Billion pounds of chemicals
- 4.5 Billion pounds of paper
- 0.5 Billions pounds of equipment
- 35.0 Billion plastic liners



Definitions: Green Cleaning and Green Cleaning Products

- Green Products: Products that reduce impacts on health and the environment when <u>compared</u> to similar products used for the same purpose. (E.O. 13101)
- Green Cleaning: Cleaning to protect health (patients/occupants, staff, administrators, and visitors) without harming the environment.

Define Green Cleaning It's Not Just About Chemicals

- Products
- Disposable janitorial products (i.e. paper)
- Equipment
- Procedures
- Source reduction and pollution prevention
- Safe for patients
- Safe for staff (especially product users)
 Safe for environment (creates minimal amount of pollution, especially PBT's)
- Encourage sustainability



U.S. EPA Regulations

- Products for which a manufacturer is claiming antimicrobial activity are considered to be pesticides as per FIFRA, and must be registered by EPA before such products can be legally marketed
- Cleaners or detergents are not registered products
- AOAC testing; specific pathogen claims require pathogen-specific data

Impact on Staff and Patients

Staff:

- Irritant and allergic contact dermatitis on hands and forearms
- Occupational asthma on the increase
- 20% are eye and skin burns (chemical exposures)
- Muscular/skeletal injuries (ergonomics)



Patients: - Many exposed to chemicals 24/7 - Chemical sensitivities

Health Issues and Cleaning Chemicals

- Annually institutional cleaning products acutely injure 6% of housekeeping workers.
- Respiratory system irritation and burns to eyes and skin can be caused by cleaning and disinfecting products in health care facilities.
- · Patients and professional health care workers frequently complain about odors and respiratory problems associated with cleaning products and processes.
- Annually \$75 million are spent for medical expenses and lost time wages due to these cleaning product chemical injuries.

www.wrppn.org



Chemicals in Environmental Services HARD FLOOR CARE

Floor Cleaner

- Floor Sealer and Finish
- Wax Stripper
- Baseboard Cleaner
- Spray Buffing Compound

CARPET CARE

- Carpet Cleaner Conc.
- Carpet Prespray Spotters
- . Betadine® Remover
- Defoamer

- **DISINFECTING & SANITIZING**
- Disinfectant Cleaners
- Chemical Sterilants Bowl Cleaner-Disinfectants
- Washroom Disinfectants
- Chlorine Bleach Solutions

GENERAL CLEANING PRODUCTS

- General Purpose Cleaner
- Glass Cleaner
- Stainless Steel Cleaner/Polish Furniture Polish
- Graffiti Remover
- Drain Maintainer
- Odor Eliminator

Cleaning and Chemicals Cleaning agents work by suspending dirt and grease. They do not kill microorganisms but they remove soils from a surface to allow the disinfectant to work more efficiently Active Ingredients Used in Cleaning Products

- Surfactants
- •Glycol Ethers
- Hydroxides

Phosphates

Hazards: Some nonionic surfactants (NPEs) are not readily biodegradable and can Tradition of condicine distributions (the csr and reference in the condicine distribution of the csr and reference in respiratory sys

Disinfectants & Sanitizers



U.S. OSHA Bloodborne Pathogen **Standard & Body fluids**

- Fluids covered by OSHA
 - Blood, semen, cervical solutions, other
- Excluded fluids include
 - Urine, stool, saliva, sputum (unless visible blood)
- Must be decontaminated with either a tuberculocidal or hepacidal disinfectant 29 CFR 1910.1030

Choosing a Disinfectant

- Clean first!
- + Cleaners don't disinfect, disinfectants don't clean
- · Nature and use of the item to be disinfected
- Disinfection level Sufficient potency for disinfection
- · Intrinsic resistance of microbes
- · Chemical class of disinfectant, use conditions Materials compatibility
- · Safety concerns: hazards with use?
- · Aerosols, residuals, chemical sensitivities

Activity of Selected Oxidative Germicides Against C. difficile Spores

sBoli 25

> Virox AHP Acidified Bleach ~5000 mg/L

5000 mg/L

3000 mg/L

Chlori Dioxic 630 mo/l

CHEO (BHI) CHEO (CB)

- Strong oxidative disinfectants ٠ can inactivate high numbers of spores Contact time 10-15 mins
- Occupational hazards with acidified bleach and 5000 mg/L FC bleach (chlorine gas)
- Can be used to manage an identified problem, but should not be used on a routine basis because of corrosiveness and hazards to workers and
- patients Clean to minimize organic soil amounts before disinfecting

From: Perez J. et al. Am J Infect Control 2005: 33: 320-5

Safety Assessment of Cleaning and **Disinfectant Products**

- · How is the product diluted and how frequently is it being used?
- · What is the product's intended use?
- What is the likelihood it will be misused?
- What is the experience level of users?
- What are the hazard ratings for the product?
- What does the MSDS say about the product safety?
- Does the product present an acceptable level of risk?
- What do others report about the product safety?

Environmental Cleaning Study: VRE in RUMC MICU

- 4 periods of time over 9 months:
 Period 1: baseline, current procedures
 Period 2: enhanced environmental cleaning
 Virxe (cleaner / quid disinfectant)
 20 25 mins/room, 2X per day
 Bucket" method for the floors, 8 12 cloths for touched surfaces
 Period 3: "washout" (no continued emphasis)
 Period 4: hand hygiene campaign
 Rectal swabs for patients; environmental swabs; hand cultures for HCWs
 VVRE acquisition rates:
 Period 1: 33.47 cases per 1000 patient-days at risk
 Period 1: 21, 68.4
 Period 4: 10.40
 Limitations to the study and unanswered questions:

- Limitations to the study and unanswered questions:
 No reported use of neutralizer for the disinfectant
 Little or no details on the housekeeping procedures
- Hayden MK, Bonten MJM, Blom DW, Lyle EA, van de Vijver DAMC, Weinstein RA. Reduction in acquisition of vancomycin-resistant *Interococcus* after enforcement of routine environmental cleaning measures. *Clin Infect* Dis 2006; 42: 1552-40.



Cleaning and Disinfecting of Medical Equipment

- ◆ FOLLOW THE MANUFACTURER'S INSTRUCTIONS!!!
- In the absence of instructions, clean and follow with low- intermediate-level disinfection depending on the degree of contamination
- Consider covering those surfaces that are frequently touched during delivery of care

Do NOT use high-level disinfectants/chemical sterilants (e.g., glutaraldehyde, formaldehyde) to disinfect medical equipment surfaces or housekeeping surfaces!!

Cleaning and Disinfecting of the Housekeeping Surfaces

- Clean on a regular basis to remove soil and dust
- Physical removal of microorganisms and organic soil is as important as the antimicrobial effect of the disinfecting agent
- Surfaces not touched frequently by hand (i.e., floors) in general care areas are cleaned and disinfected
- This is controversial routine disinfection of floors is not supported by epidemiology; lack of consensus among infection control staff and hospital epidemiologists

Cleaning and Disinfecting of the Housekeeping Surfaces

 Follow manufacturer's instructions if using proprietary cleaners or disinfectants

 Use conditions (e.g., concentration, contact time)
 Clean and disinfect surfaces that are touched by hand on a frequent and regular basis

- Door knobs, light switches, bed rails
- Surfaces around the toilet



Cleaning Plans Matter

- Evaluate how facility is defined for cleaning purposes
- All one level?
- Different standards for different areas?
 www.astm.org
- (ASTM E1971-89 Standard Guide for Stewardship for Cleaning Commercial and Institutional Buildings)

Process for Change Recognize Differing Agendas

- Infection Control cleaning, disinfection
- Environmental Services cost containment, ease of use, efficiencies
- Purchasing group contracts, cost containment
- Risk Management optimize environment, reduce risks, protect patients
- Employee Health protect healthcare workers
- Administration overall performance, community relations

Recognize the competition for resources.

Divide Facility By "Risk" Critical (high risk) High Emergency Labor and Delivery - Morgue Surgerv Continuum

- Semi-critical (medium risk)
- Restrooms (public)
- Nurserv
- Clinics, outpatients, diabetes, respiratory
- Rehabilitation, physical therapy, cardiac rehab Non-critical (low risk)
- Exterior maintenance
- Administration Areas, accounting, records, HR, etc.
- Patient registration and waiting areas
- Shops, carpentry, mail, printing, materials management

- Hallways

Risk

I ow

Green Cleaning Products Chemicals: Cleaners: Green Seal GS-37 Others: Low VOC Concentrates with dilution controls Floor Finish: Sustainable, metal-free
 Hand Soaps: Non-antimicrobial (except where required) Paper & Liners: Comprehensive Procurement Guidelines Comprehensive
Green Seal
Chlorine-Free Paper Association Builders Chlorine-free Paper Associate: Equipment
 Vacuums: CRI Green Label Program
 Floor Machines: Vacuum attachments
 Microfiber cloths, mops
 High-efficiency carpet extractors
 Water-conserving equipment
 Vapor machines
 Entry mats derived surfactants

Alternative Chemical Ingredients Used in **Green or Sustainable Cleaning Products**

- Polyglucosides and Alcohol Ethoxylates Surfactants replace NPEs and APEs
- Hydrogen Peroxide replaces Harsh Acids and Alkali
- Corn Based Esters replace petroleum distillates
- Vegetable Derived Surfactants replace petroleum
- Fruit Derived Solvents and Acids replace hazardous petroleum solvents and harsh acids





Environmental Choice Canada www.environmentalchoice.com/



A Housekeeping Process in Transition...

- Mopping procedures:
 - Frequency of replacing cleaning solutions during use, rinse procedures, mop head switch-out, disposable vs. reusable
- New! Microfiber cleaning materials
 - UC Davis MC study: ergonomic, economical www.epa.gov/Region9/waste/p2/projects/mops.pdf
 - Resource savings: 95% less chemicals, 95% less water, overall cost savings 5-10%, microfiber mop heads lasted 5-10 times longer
 - Not effective on grease or body substance spills

Microfiber Pilot Test Results Swedish Hospital – Seattle Washington

- Water/chemical usage before microfiber: 36 gallons per day and 18 oz. of cleaning chemical
- Water/chemical usage post microfiber: 9 gallons per day and 4.5 oz. cleaning chemical
- Staff satisfaction: cleaner floors, no mop wringers, reduction of shoulder and arm strain injuries

Source: Mike Smith, Swedish Hospital, Seattle Washington



New Technology and Cleaning Equipment

- "Selling" the new equipment and processes to infection control (IC)!
 - IC: does the new item produce aerosols and/or stir up dust?
 - How do the new and old technology compare on performance?
 - What chemicals are used?
 - Do patients need to be relocated?

Entryway Systems and Maintenance

- Intended to capture contaminants, soil at entry
- Design <u>all</u> entrances with permanent entry systems or mats
- Can be used inside and out
- Should be appropriate for climate
- Class 1 Fire Retardency
- Size approximately 12 feet in length
- Develop a plan to track cleaning

Cleaning and Janitorial Maintenance Products

- Use Green Seal Certified products
 www.greenseal.org
- Use low VOC products for other categories
- MSDS full disclosure
- Use concentrates with dispensing equipment
- Increase the "life" of finishes
- Use metal-free floor finishes

and preparation of solutions

- Maintain a log of all cleaning activities
- Train cleaning personnel re: chemical storage, dispensing, use
 Provide adequate janitorial space and utilities for proper mixing

Janitorial Equipment

- Vacuums meet CRI's Green Label Program - www.carpet-rug.com
- Extraction equipment remove sufficient moisture to dry carpet in 24 hours
- Buffers & burnishers with vacuum attachments Propane equipment have high-efficiency, low emission
- enaines Auto scrubbers equipped with variable-speed pumps
- Battery-powered equipment environmentally preferable
- batteries (gel batteries)
- Ergonomic equipment
- Maintain an equipment log

Janitorial Paper and Other **Disposable Products**

- Comprehensive Procurement Guidelines
 - www.epa.gov/cpg/products.htm 20% minimum PC content - Toilet tissue:
 - Paper hand towels:
 - 40% minimum PC content Industrial wipes: 40% minimum PC content
 - 10% minimum PC content - Facial tissues:
- Plastic trash liners: 10% minimum PC content Processed chlorine free
- Large rolls
- Hands-free dispensers that limit paper Micro-fiber cloths, mops and bonnets
- Recycled containers, buckets, carts, mats, etc.

Integrated Pest Management

- Landscape to eliminate "safe havens"
- Prevent pests from entering the building
- Eliminate food and moisture
- Monitor for pests before they become a problem
- Eliminate clutter
- Use the least toxic pesticide possible
- Universal notification

Encourage Recycling

- Establish a waste reduction and recycling program that addresses the separation, collection and storage of materials for recycling including (at a minimum) paper, glass, plastics, and metals
- Encourage a high level of recycling by building occupants
- The success of recycling programs is dependant upon ongoing educations

Steps to Developing a "Greener" Cleaning/Disinfecting Strategy I

- Meet with IC: understand how surfaces are or are not involved in microbial transmission
- Know your limitations: regulations and standards that must be implemented
- Support IC: encourage handwashing, hand hygiene
- Purposeful and frequent cleaning
- Develop cleaning / disinfection strategies for surfaces touched frequently by hand

Steps to Developing a "Greener" Cleaning/Disinfecting Strategy II

- Choose chemical application methods that minimize aerosol production
- Ensure sufficient potency appropriate for the job and materials compatibility
- Evaluate whether or not a chemical residual is necessary or desirable
- Incorporate barrier coverings whenever practical for items that are difficult to clean

Steps to Developing a "Greener" Cleaning/Disinfecting Strategy III

- Follow manufacturer / label instructions for use of disinfectants and proper equipment or surface management
- Review MSDS carefully and consider chemical sensitivities of patients, workers
- Evaluate new products carefully: look for EPA registrations, independent studies if available

Goals of Green Cleaning: "Good – Not Less Bad!"

- Minimize human and environmental hazards
- Improve indoor air quality
- Eliminate hazardous waste treatment and disposal
- Reduce environmental pollutants
 Lower the aquatic, plant and animal toxicity
- Lower the aquatic, plant and animal toxicity
 Reduce VOC emissions inside and outside buildings
- Reduce the regulatory burden
- Protect the cleaning worker
- Help earn points toward U.S. Green Building Council LEED Certification for existing structures

Moving Forward!

- For Green Cleaning to go mainstream:
 - Emphasize the benefits of frequent cleaning, resource management
 - Maintain potency; strive for reductions in toxicity, targeted and appropriate us of disinfectants
 - EPA registration, following label instructions
- The most important piece of advice: Evidence-based: publish results of laband in-use studies in peer-viewed journals

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"Protect patients, protect health-care personnel, and promote safety, quality, and value in the health-care delivery system"

The Next Few Teleclasses

October 10	Infection Prevention Among Refugees with Dr. Mark Birch
October 18	Hot Issues in Hand Hygiene Improvement
	with Julie Storr, World Health Organisation
	Sponsored by Deb Canada www.deb.ca
November 6	Commissioning Infection Control Strategies
	with Yvonne Sawbridge, National Health Service (UK)
November 8	Hazard Vulnerability Analysis for Infection Control
	with Andrew Streifel, University of Minnesota
November 15	An Approach to Outbreak Management - Using Biostats to
	Clobber Bugs
	with Dr. Dick Zoutman, Queen's University