## Aiming at... 10 000 registered health-care facilities by May 2010



#### Register your facility at <a href="http://www.who.int/gpsc/5may">http://www.who.int/gpsc/5may</a>



Patient Safety

World Alliance for Safer Health Car





#### **Patient Safety**

A World Alliance for Safer Health Care

SAVE LIVES Clean Your Hands

## **Infection control webinar series - next lectures**

#### Special hand hygiene focus to celebrate

SAVE LIVES: Clean Your Hands, 5-7 May 2010

#### 03 May 2010, 8 am and 3 pm (CET\*)

D-2: 5 May, are you ready? (C. Kilpatrick, B. Allegranzi, Geneva, Switzerland)

#### 05 May 2010, 8 am and 3 pm (CET\*)

Improving hand hygiene worldwide (D. Pittet, Geneva, Switzerland)

#### 07 May 2010, 3 pm (CET\*)

Impact of hand hygiene improvement on healthcare-associated infection

(L. Grayson, Melbourne, Australia)

Proven strategies to control influenza virus transmission, with special focus on H1N1



Wing Hong Seto, CICO, Hong Kong





## H1N1 – Swine Flu



Then the panic and confusion

Key concepts for Influenza Prevention (1)

**Transmission** 

## Is Influenza Airborne?

Transmission of influenza A in human beings Brankston et al. Lancet ID 2007(7):257-65

Search of 2012 citations

"We are able to conclude that transmission occurs at close range rather then over long distance, suggesting that airborne transmission, traditional defined, is unlikely to be of significance in most clinical setting."

#### Artificial generated aerosol can infect man and animals

Artificial aerosols: <10% are larger 8 μm Natural coughing: 99.9% are larger then 8 μm

"We question whether these studies are relevant to natural route of human transmission"

"No published evidence of human infection resulting from the ambient air"

<u>Alaskan Airline: Non functional ventilation system 72% infected</u> (Am J Epidemiol 1979:110:1-6) Free movement of passengers

<u>Naval base aircraft (Am J Epidemiol 1989:129:341-48)</u> Klontz reported outbreaks (56%) in functional ventilation planes

Influenza lower with UV lights (Am Rev Resp Dis 1961:83:36) Infection related to ventilation systems in 4 buildings (J Am Ger 1996:18:811)

- Many confounders not accounted:

   eg. number of index patients, bed layout, length of stay, hand hygiene, immunization status.
   One study even confirmed that lowest rate has more space allocated

   Air exchange rate is not reported
- 2<sup>nd</sup> study even reported equal rates in next season.



#### Normal alveolar

## Pneumonia



Courtesy: Dr Gavin Chan, Department of Pathology Queen Mary Hospital



## aerosol



Key concepts for Influenza Prevention (1)

#### **Transmission**

WHO – 29<sup>th</sup> April 2009

"Human-to-human transmission of the pandemic (H1N1) 2009 virus appears to be primarily through droplets."

WHO – 16 December 2009

"primarily....through unprotected contact with large respiratory droplets."

CDC's 7	Transmission Based	d Precaution
Airborne	Nuclei of < 5µm	Pulm. TB Varicella Zoster
Droplet	Nuclei of > 5μm	Influenza Meningococcal Pertussis
Contact	Transmission by direct or indirect	MR organisms Enteric RSV
Blood	Exposure to blood inoculation	HIV, HBV

#### Key concepts for Influenza Prevention (2)

# What isolation precautions is needed for Influenza?



WHO/CDS/EPR/2007.6

#### whqlibdoc.who.int/hq/2007/WHO\_CDS\_EPR\_2007.6\_eng.pdf

Infection prevention and control of epidemic- and pandemic-prone acute respiratory diseases in health care

**WHO Interim Guidelines** 

June 2007

EPIDEMIC AND PANDEMIC ALERT AND RESPONSE



## ARD guideline

## Table 1. Infection control precautions for HCWs and caregivers providing care for patients with ARDs according to a sample of pathogens

Preca	ution	No pathogen identified,	Pathogen						
		of potential concern (e.g. influenza-like illness without risk factor for ARD of potential concern)	Bacterial ARD*	Parain fluen za RSV & adenovirus	Influenza virus with sustained human-to- human transmission (e.g. seasonal influenza, pandemic influenza)	New influenza virus with no sustained human- to-human transmission (e.g. avian influenza)	SARS	Novel organisms causing ARD <sup>6</sup>	
Hand hygiene <sup>c</sup>		Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Gloves		Risk assessment <sup>d</sup>	Risk assessment <sup>d</sup>	Yes	Risk assessment <sup>d</sup>	Yes	Yes	Yes	
Gown®		Risk assessment <sup>d</sup>	Risk assessment <sup>d</sup>	Yes	Risk assessment <sup>d</sup>	Yes	Yes	Yes	
Eye protection		Risk assessment <sup>f</sup>	Risk assessment <sup>r</sup>	Risk assessment <sup>r</sup>	Risk assessment <sup>r</sup> Yes		Yes	Yes	
Medical mask on HCWs and caregivers		Yes	Risk assessment <sup>r</sup>	Yes	Yes	Yes <sup>g</sup>	Yes <sup>h</sup>	Not routinely <sup>b</sup>	
	for room entry	No	No	No	No	Not routinely <sup>g</sup>	Not routinely <sup>h</sup>	Yes	
Particulate respirator on	within 1m of patient	No	No	No	No	Not routinely <sup>g</sup>	Not routinely <sup>h</sup>	Yes	
HCWs and caregivers	for aerosol- generating procedures <sup>i</sup>	Yes	Not routinely <sup>j</sup>	Not routinely <sup>i</sup>	Yes	Yes	Yes	Yes	
Medical mask or outside isolation	n patient when areas <sup>k</sup>	Yes	Yes	Yes <sup>i</sup>	Yes	Yes	Yes	Yes	
Single room		Yes, if available <sup>m</sup>	No	Yes, if available <sup>m</sup>	Yes, if available <sup>m</sup>	Yes	Yes	Not routinely <sup>b</sup>	
Airborne Precau	tion room <sup>n</sup>	No	No	No	No	Not routinely <sup>o</sup>	Not routinely <sup>o</sup>	Yes	
Summary of infe precautions for r care, excluding a generating proce	ction control outine patient aerosol- edures <sup>i</sup>	Standard plus Droplet Precautions	Standard Precautions	Standard plus Droplet plus Contact Precautions	Standard plus Droplet Precautions	Standard plus Droplet Precautions Precautions Standard plus Contact Precautions Precautions Precautions Precautions		Standard plus Airborne plus Contact Precautions	

Key concepts for Influenza Prevention (3)

Respiratory protection is needed for aerosol generating procedures.

Intubation and related procedures Cardiopulmonary resuscitation Bronchoscopy Surgery and autopsy ARD, pp43

## Recent classification for airborne transmission

**Obligate airborne:** initiate solely through aerosols: TB

Preferential airborne: initiate through multiple routes but predominately by aerosols: Chicken pox and measles

**Opportunistic airborne:** typically through other routes but by aerosols in favorable conditions (as high-risk procedures such as intubation): Influenza and SARS WHO/CDS/EPR/2007.6

#### whqlibdoc.who.int/hq/2007/WHO\_CDS\_EPR\_2007.6\_eng.pdf

Infection prevention and control of epidemic- and pandemic-prone acute respiratory diseases in health care

**WHO Interim Guidelines** 

June 2007



EPIDEMIC AND PANDEMIC ALERT AND RESPONSE



## Importance of

## Administrative

Controls



## A key controversy regarding H1N1 prevention

## The USA position

#### SHEA recommendations

"At the start of the 2009 outbreak, there was uncertainty regarding the transmission dynamics of the novel H1N1 virus. While seasonal influenza is spread by large respiratory droplets, a concern at the onset of any potential influenza pandemic is whether the pathogen will have a different dynamics or methods of spread."

13<sup>th</sup> May – CDC recommends N95 to be used in all situations

#### SHEA recommendations (10<sup>th</sup> June 2009)

#### Mode of transmission

"available data and clinical experiences suggest that H1N1 transmission occurs like seasonal influenza via droplets spread".

"SHEA endorses implementing the same practices recommended to prevent the transmission of seasonal influenza for the novel H1N1".

#### **Isolation Measures:**

"Negative pressure rooms are not needed for the routine care of such patients." "The N95 is *not* recommended as part of standard precautions". This applies even for "preventing seasonal influenza transmission."

### High risk aerosol-generating procedures:

Enhance respiratory protection including the N95 is recommended for such procedures. The procedures should include

> "open suctioning of airway secretions, resuscitation involving emergency incubation or cardiac pulmonary resuscitation and endotracheal intubation".

However the following should <u>*not*</u> be included:

"collection of nasopharyngeal specimens, close suctioning of airway secretions and administration of nebulized medications".

WHO/SHEA	Medical Masks	Gloves	Gowns	Eye Protection	N95
Droplets all cases	Yes	-	-	-	-
Standard Precautions	Yes	Yes	Yes	Yes	-
Aerosol Generating		Yes	Yes	Yes	Yes
Resp swabs	Yes	Yes	Yes	Yes	-
Collecting blood	Yes	Yes	-	-	-
<u>CDC (13<sup>th</sup> May)</u> Standard & Contact	-	Yes	Yes	Yes	Yes
Enter Isolation					

room - all HCWs

Yes



## 23rd July 2009

(http://www.cdc.gov/ncidod/dhqp/hicpac\_transcript-07-23.html).

#### Healthcare Infection Control Practices Advisory Committee (HICPAC)

"No studies to date have demonstrated human infection occurring from naturally aerosolized influenza or human infection occurring by inhalation of artificially aerosolized influenza in ambient rather then directed air."

"confirm the presence of airborne influenza virus in various clinic locations" Blachere et al (CID 2009 48 (4):438)

Finally a recent study focused on air sampling in a busy hospital emergency room during influenza's seasonal activity ..... detected in the air fraction was in small particles 1 to 4 micrometers in size.

PCR detection, rather then viral culture and assessment of viability, was utilized in this study, so the significance of these findings needs further investigation.

## CDC website

## HICPIC advisory committee 23rd July to vote on the latest recommendation

(http://www.cdc.gov/ncidod/dhqp/hicpac\_transcript-07-23.html).

"endorse the use of surgical masks for the routine care of patients with confirmed or suspected, novel influenza A (H1N1)"

"it is appropriate at this time to recommend the use of N95 or higher respiratory protection for procedures that are likely to generate small particle aerosols." The procedures are then listed to include "bronchoscopy, intubation under controlled or emergent situations, cardiopulmonary resuscitation, open airway suctioning and airway induction."

## Aerosol generating procedures



"open suctioning of airway secretions, resuscitation involving emergency incubation cardiac pulmonary resuscitation endotracheal intubation".

#### **CDC \ HICPIC**

bronchoscopy, intubation under controlled or emergent situations, cardiopulmonary resuscitation, open airway suctioning and airway induction

#### WHO ARD

Intubation Cardiopulmonary resuscitation + manual ventilation suction Bronchoscopy Autopsy/surgery

## 1<sup>st</sup> September 2009

Institute of Medicine

HCWs (including non-hospital settings) in close contact with individuals with nH1N1 or ILIs should use fit-tested N95 respirators.
Endorse current CDC guidelines.

Page 17 : "confirm the presence of airborne influenza virus in various clinic locations" Blachere et al (CID 2009 48 (4):438)

Also based on the Macintyre study done in China Claims N95 statistically significant more protective then controls. but surgical masks had no efficacy for any outcome

WHO/SHEA	Medical Masks	Gloves	Gowns	Eye Protection	N95	
Droplets all cases	Yes	-	-	-	-	
Standard Precautions	Yes	Yes	Yes	Yes	-	
Aerosol Generating		Yes	Yes	Yes	Yes	
Resp swabs	Yes	Yes	Yes	Yes	-	
Collecting blood	Yes	Yes	-	-	-	





Home > Health > ABC News Swine Flu Coverage

#### CDC Flu Mask Decision Based on Flawed Study, Authors Say

Authors Retract Study CDC Used to Decide on Surgical Masks to Prevent Flu

By MICHAEL SMITH PHILADELPHIA, Nov. 1, 2009



A worker inspects an N95 face mask in this file photo. Authors retracted findings of a study that found N95 respirators were better than surgical masks at preventing flu (Romeo Ranoco/Reuters)



After a re-analysis prompted by questions from reviewers, the findings were no longer significant, said Holly Seale of the University of New South Wales in Sydney, Australia.

The original study, presented earlier this year, formed the basis of several important policy decisions, including Centers for Disease Control and Prevention guidance on the use of masks in a health care setting.

The retraction -- near the end of a presentation at the annual meeting of the Infectious Diseases Society of America -prompted a "rush to the microphones" by

#### Watch Video





WATCH: First

Trimester Myths



- E



WATCH: 6 Portion-Control Secrets



#### ABC News Swine Flu Coverage New



Panic: H1N1 Vaccine Shortag Roil Public Health Secretary Kathleen

Sebelius urges Americans to t patient.

- Panic: H1N1 Vaccine Shortages Roil Public
- Swine Flu Emergency: What Does It Mean?
- H1N1 Vaccine Delay Dogs Doctors, Patients

http://abcnews.go.com/Health/SwineFluNews/cdc-flu-mask-decision-based-flawed-study-authors/Story?id=8966585&page=1

But there is a study not considered by IOM showing that surgical masks is as effective as N95.....

## Surgical Mask vs N95 Respirator for Preventing Influenza Among Health Care Workers: A Randomized Trail.

Mark Loeb et al, JAMA, 2009;302(17), October 1 online

A randomized controlled trail of 446 nurses in 8 tertiary care hospitals – Ontario

	Surgical	
	<u>masks</u>	<u>N95</u>
n	225	221
Influenza infected	50 (23.6%)	48 (22.9%)

p = 0.086 (meet criteria for non-inferiority)





November 5, 2009

President Barack Obama The White House 1600 Pennsylvania Avenue, NW Washington D.C. 20500

Dear President Obama:

During this state of national emergency due to the 2009 H1N1 influenza pandemic, it is imperative that healthcare professionals and facilities receive clear, practical, and evidence-based federal guidance to ensure patient and healthcare worker safety. With this in mind, the Society for Healthcare Epidemiology of America (SHEA), Infectious Diseases Society of America (IDSA), and Association of Professionals in Infection Control and Epidemiology (APIC) write to express significant concern with the federal guidance, developed by your Administration in cooperation with several agencies and recently issued by the Centers for Disease Control and Prevention (CDC), and Occupational Safety and Health Administration (OSHA) requirements concerning the use of personal protective equipment (PPE) by healthcare workers in treating suspected or confirmed cases of H1N1 influenza.

## http://www.who.int/csr/resources/publications/ cp150\_2009\_1612\_ipc\_interim\_guidance\_h1n1.pd f



Infection prevention and control during health care for confirmed, probable, or suspected cases of pandemic (H1N1) 2009 virus infection and influenza-like illnesses

Updated guidance

16 December 2009

#### I. Background

Since the first recorded cases in April 2009, the pandemic influenza A (H1N1) 2009 virus has spread rapidly across the globe resulting in sustained community transmission worldwide. Health-care facilities continue to face the challenge of providing care for patients infected with the pandemic virus. In order to minimize transmission during health care, it is crucial that health-care workers (HCWs), other care-givers, including attendants, patients, and visitors, follow appropriate infection prevention and control (IPC) precautions. Although some of these precautions are generic and should be followed by everyone, the nature of work performed by

This guidance replaces guidance documents issued on 29 April and 25 June 2009 and remains valid until 30 June 2010, WHO guidance for infection prevention and control for H1N1

III, 1.1 Standard & Droplet Precautions should always be applied

As per Standard Precautions

- Hand hygiene (HH)

- Use of PPE does not eliminate hand hygiene when procedures include relevant risk:

- medical mask and PPE for eye protection
- a gown and clean gloves.

As per **Droplet Precautions**:

medical mask if < 1m of patient</li>

- HH before and after patient contact and after removal of mask

#### III,1.2 performing aerosol-generating procedures

- wear a particulate respirator
- adequately ventilated room, min of 6-12 ACH
- limit only to those with patient care
- HH before & after patient contact and PPE removal

1.3 Special considerations (eg. BiPAP, Nebulization)

- above 1.2 measures also for open suctioning system

#### III, 2. Duration of isolation precautions

- All patients on Droplet (DP) for seven days after s/s onset.
- DP maintained 24 hrs after resolution of s/s, especially fever
- DP in immunosuppressed maintained for full duration of ILI.

III, 4. Collection of laboratory specimens

Upper respiratory tract (above larynx) Standard and Droplet Precaution (III 1.1)

Lower respiratory tract specimens Aerosol-generating procedures IPC measures (iii, 1.2)

#### 5. Key elements for IP in health-care settings

- 1. Health-care facility managerial activities
- 2. Basic IC recommendations for all health-care facilities
- 3. Respiratory hygiene/cough etiquette
- 4. Triage of febrile cases
- 5. Outpatient settings
- 6. Placement of patients with presumptive H1N1
- 7. Visitors and family members
- 8. Specimens transport
- 9. Pre-hospital care
- **10.Occupational Health**
- 11.H1N1 vaccination
- **12.PPE when supplies are limited**
- 13.Waste disposal
- 14.Dishes/eating utensils

15.Linen and laundry
16.Environmental cleaning
17.Patient care equipment
18.Patient discharge
19.Health facility engineering controls
20.Mortuary care
21.Health care in the community



## **Preventing Influenza in the community**

## Can Hand Hygiene make a difference?

Introduction	NPI RCT	VAX RCTs	Comments
0	000 000000	000	00

## HK NPI study design



Index cases are recruited from outpatient clinics. Households are followed-up for 7 (10 in pilot study) days with symptom diaries including 3-4 home visits to collect nose and throat swabs from all household members.



58% reduction of transmission w HH
Hands play a role in flu transmission

Table: Secondary attack ratios in the contacts of 154 analyzed households where the intervention was applied within 36 hours of symptom onset in the index case.

		Secondary attack ratio (95% CI)*						
	Cont	trol (n=183)	Hand hygiene (n=130)		Mask+HH (n=149)			
RT-PCR-confirmed influenza	0.12	(0.08, 0.18)	0.05	(0.02, 0.11)	0.04	(0.01, 0.09)	0.04	
Clinical influenza <sup>(1)</sup>	0.22	(0.17, 0.29)	0.11	(0.06, 0.17)	0.18	(0.12, 0.25)	0.03	
Clinical influenza <sup>(2)</sup>	0.07	(0.03, 0.11)	0.04	(0.01, 0.09)	0.07	(0.04, 0.13)	0.52	

- \* By the exact binomial method.
- † By Pearson chi-square test adjusted for within-household correlation.
- is at least 2 of fever 
   237.8°C, cough, headache, sore throat, aches or pains in muscles or joints.
- is fever ≥ 37.8°C plus cough or sore throat.

Cowling et al, Annuals of Internal Medicine – 2009 Vol.151 No.7 p.437-446

Interval Between Symptom Onset and Intervention	Determination of Influenza*	Control Group ( $n = 279$ )		Hand Hyglene Group (n = 257)		Facemask Plus Hand Hyglene ( $n = 258$ )		P Value†
		Cases, n	SAR (95% CI), %‡	Cases, n	SAR (95% CI), %‡	Cases, n	SAR (95% CI), %‡	
Any	RT-PCR confirmed	28	10 (6–14)	14	5 (3–9)	18	7 (4–11)	0.22
	Clinical definition 1	53	19 (14–24)	42	16 (12–21)	55	21 (16–27)	0.40
	Clinical definition 2	14	5 (2-8)	9	4 (2-6)	18	7 (4–11)	0.28
≤36 h§	RT-PCR confirmed	22	12 (7–18)	7	5 (1–11)	6	4 (1–7)	0.040
	Clinical definition 1	42	23 (16–30)	14	11 (5–17)	27	18 (12–24)	0.032
	Clinical definition 2	12	7 (3–11)	5	4 (1–7)	11	7 (3–12)	0.52

#### Table 3. Secondary Attack Ratios of RT-PCR-Confirmed Influenza Virus Infection and Clinical Influenza

RT-PCR = reverse-transcription polymerase chain reaction; SAR = secondary attack ratio.

\* "Clinical definition 1" is at least 2 of the following: temperature ≥37.8 °C, cough, headache, sore throat, and myalgia. "Clinical definition 2" is temperature ≥37.8 °C, plus cough or sore throat.

<sup>+</sup> For difference among the 3 groups by the Pearson chi-square test, adjusted for within-household correlations of 0.12 for the RT-PCR–confirmed secondary attack ratios and 0.04 and 0.07 for the clinical influenza secondary attack ratios.

‡ The secondary attack ratio at the individual level was defined as the proportion of household contacts of an index case that subsequently became infected with influenza. The CIs were calculated by using a cluster bootstrap method (20), not accounting for within-household correlation, and the resulting intervals may therefore slightly underestimate the uncertainty about the secondary attack ratios.

§ Based on 183 patients in the control group, 130 in the hand hygiene group, and 149 in the facemask plus hand hygiene group.

Ann Intern Med. 2009;151:\* \* \* FILL THIS IN \* \* \*. www.annais.org For author affiliations, see end of text. ClinicalTrials.gov registration number: NCT00425893. This article was published at www.annais.org on 4 August 2009.

## Appendix Table 2. Secondary Attack Ratios for RT-PCR-Confirmed and Clinical Influenza When the Intervention Was Applied Within 48 Hours of Symptom Onset in the Index Patient\*

Interval Between Symptom Onset	Determination of		P Value§		
and Intervention		Control Group $(n = 214)$	Hand Hygiene Group (n = 167)	Facemask Plus Hand Hygiene Group (n = 171)	
≤48 h	RT-PCR confirmed	11 (6–16)	6 (2-10)	4 (2-7)	0.077
	Clinical definition 1	20 (14–26)	13 (7–18)	19 (13–25)	0.182
	Clinical definition 2	6 (2–10)	3 (1–6)	8 (4–12)	0.24

RT-PCR = reverse-transcription polymerase chain reaction.

\* Based on 552 household contacts in 184 analyzed households.

+ "Clinical definition 1" is at least 2 of the following: temperature ≥37.8 °C, cough, headache, sore throat, and myalgia. "Clinical definition 2" is temperature ≥37.8 °C, plus cough or sore throat.

<sup>+</sup> The CIs were calculated by using a cluster bootstrap method (20), not accounting for within-household correlation, and the resulting intervals may therefore slightly underestimate the uncertainty about the secondary attack ratios.

§ For the difference among the 3 groups by the Pearson chi-square test, adjusted for within-household correlation.

#### Appendix Table 10. Summary Measures of Adherence to Interventions During the 7-Day Follow-up Period in Households in Which the Intervention Was Applied Within 36 Hours of Symptom Onset in the Index Patient

Characteristic	Control Group		Hand Hyg	lene Group	Facemask Plus Hand Hygiene Group	
	Index Patient	Contact	Index Patient	Contact	Index Patient	Contact
Using liquid soap, %*	69	79	66	72	69	74
Using alcohol hand rub, %*	7	7	41	30	29	30
Practicing good hand hygiene, %†	42	48	68	60	63	55
Median amount of liquid hand soap used by household (IQR), g	77.6 (42.4–162.6)		78.9 (35.2–114.2)			
Median amount of alcohol hand rub used by individuals (IQR), g	-	-	3.2 (1.1–9.7)	1.5 (0.3–5.3)	1.6 (0.7–5.1)	1.5 (0.3–3.8)
Wearing surgical mask, %‡	19	8	32	8	47	27
Median number of masks used (IQR)	-	-	-	-	10 (2–16)	3 (0–9)

IQR = interquartile range.

 Proportion of individuals who reported washing their hands with liquid hand soap or using alcohol hand rub often or always (rather than sometimes or never).
 Proportion of individuals who reported washing their hands often or always (rather than sometimes or never) after sneezing, coughing or cleaning their hands during the follow-up period.

+ Proportion of individuals who reported wearing a surgical facemask often or always (rather than sometimes or never) during the follow-up period.

## Total Number of Influenza Detections



Prepared by ICB/IDCTC

## HLC Data of Rhinovirus



Prepared by ICB/IDCTC

## Weekly data of H1 (Swine) & H3 in HK



## Weekly data of H1 (Swine) & H3 in USA



Week

Mortality and severity of nH1N1 and H3N2 in Hong Kong

- 9<sup>th</sup> September 2009 (from July)



## The Key always be alert

**Put on protective** gear when needed

