

Disclosure

- I have no conflicts of interest in relation to this presentation
- Presentation is intended as a guide for those individuals who wish to teach adult learners within healthcare





Objectives

- · Understand the theory
 - Assumptions about adult learners
 - Learning
 - teaching principles and teaching strategies for adult learners
- Identify methods for teaching adult learners IPAC education, as it pertains a minute, an hour and a day
- Provide tips for improving your presentation and retention of the information

Professional Ethic

 "When a difficult time occurs one needs to discover what can be learned from the situation and then seize the opportunity to make the indicated changes."

(Barry, C. 2004

"Every job is a self portrait of the person who does it. Autograph your work with excellence."



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Teaching IPAC

- "What . . .
- am I trying to teach?"
- is the learners' needs and past experiences?"
- approaches are needed?"
- material or resources are available?'



Teaching IPAC

- Is this a good topic for self-directed learning?
- Who is my audience?
- Are they motivated to
- How long do I have?



Putting Theory into Practice

"There is nothing so practical as a good theory."

Putting Theory into Practice

"If you use a tool without knowing the theory, the tool may work in one situation and not in another, and you'll never know why it failed."

=Value of knowing the theory

Peter Senge (5th Discipline)

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What is learning?

• Learning (*n*) is acquiring new knowledge, behaviours, skills, values, preferences or understanding, and may involve synthesizing different types of information



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Education vs Training

- Training: (doing)
 - measured by what you can do when you have completed it
 - -About practice and building skills

Assumptions of Adult Learners

- 1. Autonomous and self-directed: need to be free and to direct themselves
- 2. Have an accumulation of life experiences and knowledge
- 3. Relevancy-oriented: they must see a reason for learning something (e.g. applicable to their work)

Assumptions of Adult Learners

- Practical: focusing on the aspects of a lesson most useful to them in their work Readiness to learn
- 5. Goal-oriented: upon enrolling in a course, they usually know what goal they want to attain
- 6. Respectful: instructors must acknowledge the wealth of experiences that adult participants bring to the class

Kolb, D: Learning Styles

- 2 preference dimensions
 - -Perception dimension
 - Processing dimension
 - -Giving to 4 styles of learning

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Kolb, D: Learning Styles

Perception Dimension

- Concrete Experimenter
 - feeling, accepting, receptive, guide them, demos; (Feeler)
- Abstract Conceptualizer
- analytical, writes the theories and models, likes to see the big picture, loves Total Quality Management, likes things logical, evaluative (Thinker)

Kolb, D: Learning Styles

Processing Dimension

- Active Experimenter
 - high risk taker, "see me do one, learn on the job, do the skill and do it *quickly*"- type person. (Doer)
- Reflective Observationist
 - read the manual several times, self learning packages, sit back, look and think about "it" (Watcher)

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How Does One Facilitate Learning?

1. Involve learners

- Mutual plan for the methods and content
- · Identified a need
- · Meaningful material is better remembered
- · Develop own learning objectives

Tell me and I'll forget.

Show me and I may remember.

Involve me and I'll understand.

Chinese Proverb

How Does One Facilitate Learning?

- 2. Provide an effective environment
 - comfortable expressing ideas
 - Mutual respect, friendly, supportive

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Flexible Learning Environment



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e-Learning

- Web-based curriculum just as effective as traditional curriculum
- Compliments traditional teaching methods
- Caution for simplicity: boredom
- Difficult for complex procedures (IV)
 Preferred combination
- iPod Project in Australia (2008)

How Does One Facilitate Learning?

- 3. Ensure that there is sound factual information
 - Identify and explore resources
- 4. Document the rationale for the change
- 5. Evaluate learning

Other Principles to Facilitate Learning

- Satisfaction from learning increases drive to learn more
- Moderate anxiety due to lack of knowledge stimulates the need to learn
- Learning is best accomplished by doing, imitation and frequent feedback

Feedback is a Gift

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- Don't give feedback because you want to "get something off of your chest"
- Will not fix what you believe is wrong with another person
- Once feedback is given, the receiver decides the value of it and the impact on their behavior.



Effective Teaching Strategies

- 1. Discovery
- 2. Direct Instruction
- 3. Discussion
- 4. Cooperative learning

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Can incorporate self-directed learning into each (on-line education, role and/or game playing, mock events, picture boards)

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1. Discovery

- Active involvement with concepts, principles, experiments, problem solving
- · Helps develop critical thinking skills

Examples

• Experiment which of two dressings stay intact; introduce CHG bathing ICU to see decreases in HAIs

2. Direct Instruction

- Review prerequisites to the session
- Learner objectives
- Present new material and solicit responses
- Independent practice (assignments)
- Assess performance (e.g., pretest, post test)
- Provide effective feedback
 - Example: core competency training on RP/AP

3. Discussion

- For subjective and controversial topics or difficult concepts (triggers opinion, judgment, assumptions)
- May be a concern with learners' attitudes and beliefs
- –e.g. discuss peer to peer learning, professional values
- Prerequisite madequate knowledge base

3. Discussion

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- Allows for role–modeling
- Helps the learner see that there may be more than one answer or more than one way to learn
- -Example: "Give it a Shot, or Not- Mandatory Vaccinations Debate" (CHICA Conference, Toronto, 2011)

4. Cooperative Learning

- · Combination of direct instruction and discovery
- Project-based or active learning
- Small groups, help each other learn
- · Still has individual accountability
- · Facilitative teaching is more pronounced
- Problem based learning
 Ref: Slavin, RE. (2000) Educational Psychology. Theory and Practice. Allyn & Bacon Canada

Problem Based Learning (PBL)

- a student-centered instructional strategy in which students collaboratively solve problems and reflect on their experiences
- Influences behavior learners are engaged in a group process
- -Facilitates expression of ideas, collaboration, integration of past and present ideology, reflection of learning.

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Your Role as a Facilitator

- Utilized when presentations become interactive (cooperative learning/PBL)
- · Set the agenda, coach participants, guide the pacing

-NB when providing training and education

-Example:

· Recertification of core competency and use of assimilation room & case scenario

· Circulate. feedback

role

Specific purpose

Alternate leader

-Keep on track

- Specific audience
- Problem solve

- 4-6 people • 5 min. for the
- brainstorming Relate
- information to learners' experience
- Recorder. secretary, timer

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Professional Ethic

· "When group members must publicly commit themselves, it's more effective in changing individual attitudes and practices."

ef: Slavin RE. 2000 p 243)



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Bloom's Taxonomy

PBL: Working Groups

- Benjamin Bloom
- · Refers to the classification of the different objectives that educators set for students (learning objectives)
 - First presented in 1956

RECALL: Objectives

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- divided into 3 "domains"
 - · Cognitive phase
 - Psychomotor phase
 - Affective phase

Higher levels of learning is dependent on having attained prerequisite knowledge and skills at lower levels

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Bloom's Taxonomy: Cognitive Phase

- Knowledge (mental skills)
- Applies concepts and processes on the information by recall
- Analyzing and critical thinking
- E.g. recites a policy; knows how to perform a C-diff clean

- words may include describe or discuss

Bloom's Taxonomy: Psychomotor Phase

- · Skills (manual or physical)
- Applies the overall knowledge and theory by demonstrating the correct skills and technique
- E.g. drives a car; donning and removal of PPE words may include demonstrate or show

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Bloom's Taxonomy: Affective Phase

- Attitude (feelings, values or emotion)
- Applies the manner that emphasizes a feeling tone, an emotion, or a degree of acceptance or rejection

 appreciation, enthusiasm, motivation
- E.g. Knows the differences with the management of MRSA within the community vs the hospital setting
- · words may include understands, identifies







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Teaching Others 95% Retention Just Clean · Wound care Your Hands • IV site procedures What are the top 10 carriers · Hand hygiene of infectious agents? Clean and sterile technique · IC and the patient · Preventing outbreaks Improves critical Clean them! thinking skills 49





Pictures Tell Many Different Stories Apply Theory to Practice

- Particles of 1 micron or less adhere to surfaces by molecular adhesion
 <u>Scrubbing</u> is generally the only way to remove them.
- How much Microbiology do they know?
- How strong are their assessment skills?





Common Items and Their Respective Particle Sizes

- Pollens -10 to 1000 microns
- Human Hair 40 to 300 microns
- Beach Sand- 100 to 2000 microns
- Tobacco Smoke 0.01 to 1 micron
- Mold Spores- 10 to 30 microns
 1 millimeter = 0.001 meter
 - 1micron = 0.000001 meter(1 millionth of a meter)

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Common Items and Their Respective Particle Sizes

- Bacteria range 0.5-5.0 µm

 E.g. Anthrax spore 6 µm, TB droplet 2-4 µm length, 0.2-0.5 µm width, staphylococci and e.coli 2 µm
- Viruses usually too small to be seen with the light microscope, Electron microscopy
 - E.g. influenza 0.1 $\mu m,$ SARS-CoV 0.1 $\mu m,$ Ebola 0.2 μm
- A submicron filtration mask:
 - Meets specifications and filtration level >95% for particles 0.1 to 0.3 μm (micron).

Getting Your Point Across

 Concentrate less on what you want to say and more on what you want them to hear







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Story Telling

- Captures learner's attention
- · Stimulates thought
- Alters perception, enhances memory
- Provides a link between theory and practice
- Evokes emotions and values
- Audience co-participates

Let me tell you a true story..

- Outbreak of sternal surgical site infections due to *Pseudomonas aeruginosa* traced to a scrub nurse with onychomycosis
 - Multiple cosmetic products from the nurse's home yielded the identical *P. aeruginosa* strain.
- Outbreak of surgical site infections due to *P. aeruginosa* was caused by wnd contamination from the thumbnail of this nurse, despite her appropriate use of latex surgical gloves.

Ref: McNeil SA Clin Infect Dis. 2001 Aug 1;33(3):317-23. Epub 2001 Jul 5.

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Impact of Story Telling

NICU outbreak of P. aeruginosa in 2000

- 46 neonates affected (10%); 35% died
- Cared by nurses with same strain, one with artificial nails, another with long natural nails NICU outbreak with *K. pneumoniae* in 2004

10 peopeteo offected (45%)

- 19 neonates affected (45%)
- Cared by a nurse with artificial nails with the same strain

enar ICHE 2000; Gupta ICHE 2004; Passaro JID 175:992-5; Parry CID 2001; NEJM 323:1814, 1990





Photos and Videos for Teaching: Coughing and Where Flu Germs can Land



Entertaining 2 minute clip

<u>http://</u> <u>www.youtube.com/</u> <u>watch?v=-</u> <u>K_boO2ocel&featur</u> <u>e=fvw</u>

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Coughing and Where Flu Germs can Land

- **Talking points**
- Risk of air-borne dissemination of microbes
- Consequences include surface contamination which may spread infection
- Prevention Strategies such as coughing in your sleeve

TIPS For Teaching-Learning

- Welcome
- Self, topic, objectives
- Icebreaker, +/- humour, story
- Presentation -opening, middle, ending (Be CREATIVE)

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- Demonstrations if time permits!
- Story boards
- AV Aids
- · Closing, Evaluation, Follow up

Guidelines During Teaching

- Be yourself
- · Review your material
- Maintain contact (physical and psychological)
- Pace, tone and vocal variety, body language

Guidelines During Teaching (con't)

- How does training "fit" the big picture or link to experience? – e.g., a practice changed and the outbreak was stopped
- Avoid Ums, Ahs, OKs, crutch words

Preparation Check List

- Topic and objective(s) clear?
- · Keep to my time limit?
- Consulted enough sources?
- Materials and teaching aids ready?

Preparation Check List

- Enough time for group presentations or role play?
- Can I get hold of material for back up?
- Is my plan flexible?
- Can I give /receive effective feedback?

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Presenting Your Material

- Pictures speaks a thousand words
- A message sent is not always received or heard the same way <u>you</u> hear it
- Body language can be misinterpreted



PowerPoint TIPS

- Max 3-4 bullets/slide; 6 words/line
- Effective with graphics (colors/font/backgrounds)
- Video clips/sounds, music (hyperlinks)
- Careful!

• Search for Google images

- KISS principle
- Good teaching is about connecting materials, experiences, ideas

How Will You Teach....

- The science behind PPE - their use and misuse?
- Environmental contamination?How to don and
- When science is lacking what do the "experts" say?
 How to don and doff a mask or gown properly?

Recognize what is relevant and what is not

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Who Will You Teach To?

Know your audience

- -Traditionalist (1900-1945)
- Build a legacy
- -Baby boomers (1944-1964)
 - Build a stellar career; tell me what I need to know
- -Generation Xers (1965-1980)
- · Build a portable career; show me how to do it
- -Millennials (1981-1999)= Generation Y; Boomer Kids
- Build parallel careers; why do I need to know this?



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Teaching Whose Job It Is

- Everyone owns a little bit of the problem
- Everyone has a role
- Incorporate patient safety and worker safety first
- First, do no harm ...



Sharing What You Learn

Remember the

- 3 touch rule:
- 1. Circulate the hot bulletins before filing for future use
- 2. Highlight key items
- 3. As a team we are as strong as our weakest link



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Budget For Education!

Use this phrase to appeal for training and education:

If you think education is expensive, what's the price of ignorance?

Use Humour and Laughter

- H- Help yourself see the lighter side
- U- Unite your ideas by sharing them with others
- M- Move ahead quickly (the past is over)
- O Outreach for support
- U Unleash your creativity
- R Risk is easier when you can laugh and learn from the failures

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Use Laughter and Humour

- L Look at every opportunity to teach
- A Accept responsibility for being pos+
- U Uniqueness can be fun
- G Give more than you take
- H Humour yourself and others
- T Teach others to enjoy the moment
- E Each person is valued
- R Reach for those in need of help





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