

Outline

- Why outbreak investigations are important and brief overview of resources and recent CDC HAI outbreak activities and resources
- Examples
 - Ebola
 - MERS
 - · Fungal meningitis
 - · Unsafe injection practices
 - Duodenoscopes
- What CDC is doing
- Major questions and open issues for healthcare infection control

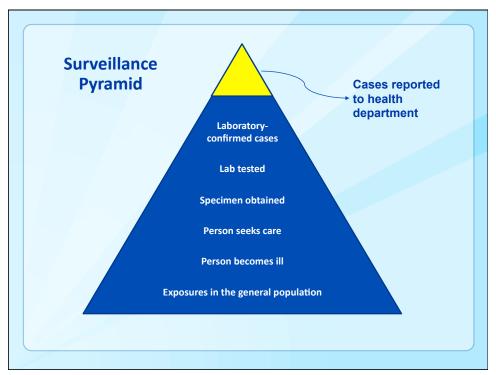
Why Outbreak Investigations Are Important

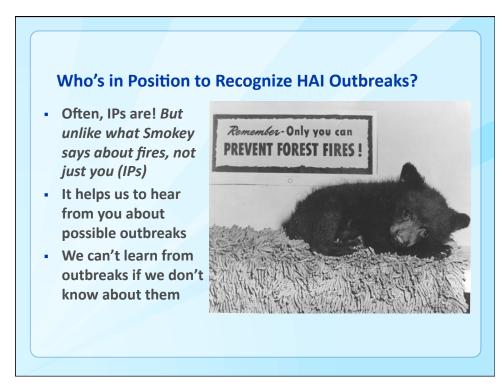
- Prevent additional cases and future outbreaks
- Advance understanding of infection control gaps and challenges
 - May be 'sentinel events' that indicate broader underlying problems
 - · New diseases
 - · Something new about an old disease
 - · Unintended consequences
- Help shape both educational and policy efforts to improve patient safety
- Reassure public
- Minimize economic and social disruption

Challenge: How to Recognize an HAI (or Any) Outbreak?

- Most public health jurisdictions require reporting of outbreaks:
 - "An outbreak or unusual number or clustering of diseases or other conditions of public health importance"
- But the definition of 'unusual' can vary:
 - Any case of a very rare or serious communicable disease
 - Unusual syndromes or patient populations
 - Illnesses involving organisms that are not normally pathogenic
- Many Challenges
 - · Baseline surveillance data may be limited
 - Linking illnesses among patients who may be evaluated across different providers, departments, facilities, health jurisdictions
 - Outbreaks involving common pathogens may be harder to recognize
 - Most facilities have limited resources to recognize and investigate possible outbreaks

http://www.epi.alaska.gov/pubs/conditions/ConditionsReportablePg06.pdf





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Healthcare Associated Infection (HAI) Outbreaks: CDC 2014 Annual Highlights

- CDC (DHQP) participated in 88 response activities
 - Variety of settings
 - o Acute care (40)
 - o Ambulatory care (34)
 - o Long-term care (6)
 - · 31 different states, including 3 multistate activities
 - 6 foreign countries (Guinea, Kingdom of Saudi Arabia, Liberia, Nigeria, Switzerland and the United Arab Emirates)
 - 12 Epi-Aids

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HAI Outbreaks: CDC 2014 Annual Highlights

- Wide variety of organisms
 - Bacterial (38)
 - o Gram negative (18) 13 unique genera
 - o CRE (9)
 - o NTM (5)
 - Viral (34)
 - o HCV (13)
 - o HBV (11)
 - o Ebola (4)
 - Fungal (5)
 - o Aspergillus spp (2)
 - o Rhizopus spp (1)

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Free and Public Resources CDC HAI Outbreak Investigation Toolkit http://www.cdc.gov/hai/outbreaks/outbreaktoolkit.html Video presentation about outbreak investigation in healthcare settings Outbreak investigation abstraction form with users guide Outbreak Database (worldwide) http://www.outbreakdatabase.com/Home.aspx

TRAVEL AND COMMUNICABLE DISEASES

Communicable disease X (Ebola, MERS, TB, measles...) — Coming soon to a neighborhood near you? Lessons learned about communicable disease and air travel

Travel Medicine and Infectious Disease (2015) 13, 3e5



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Usefulness and applicability of infectious disease control measures in air travel: A review

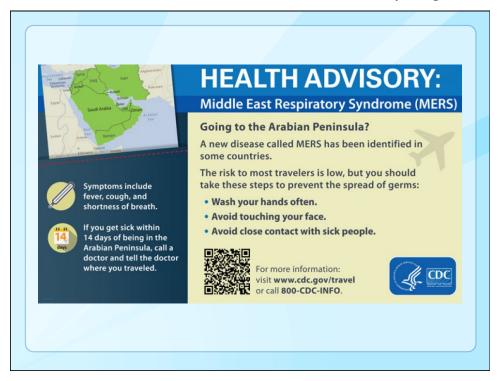
Y.L. Huizer ^a, C.M. Swaan ^{a,*}, K.C. Leitmeyer ^b, A. Timen ^a

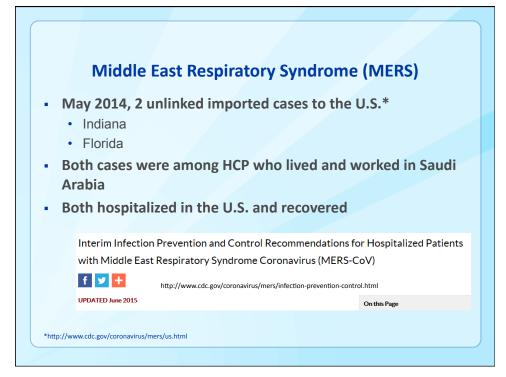
- Air travels remains a major contributor to the spread of communicable diseases
- Control measures are resource intensive and effectiveness is largely dependent on (and frequently limited by) behavior of individuals
 - · Entry & exit screening
 - Traveler information
 - · Quarantine, isolation, health monitoring
 - Contact tracing
 - · Hygiene measures (face masks, hand hygiene, etc)
 - Travel restrictions
 - Animal
 - Vector control
 - · Contaminated materials

Travel Medicine and Infectious Disease (2015) 13, 19e30

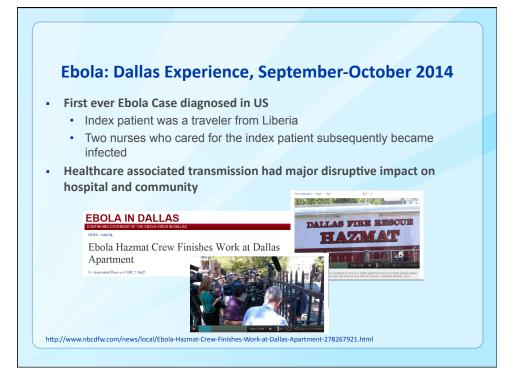
Implications for Healthcare Infection Control

- Healthcare providers remain critical to controlling the spread of communicable diseases
- Travel histories should be routinely sought from patients to facilitate early detection of possible communicable diseases in travelers
 - Avoid missed opportunity to implement appropriate isolation and infection control measures, as well as potential life saving treatment for ill traveler
 - Healthcare personnel (HCP) and patients are at risk
 - These events are increasingly common and will likely continue to occur
 - Note that many HCP volunteer overseas









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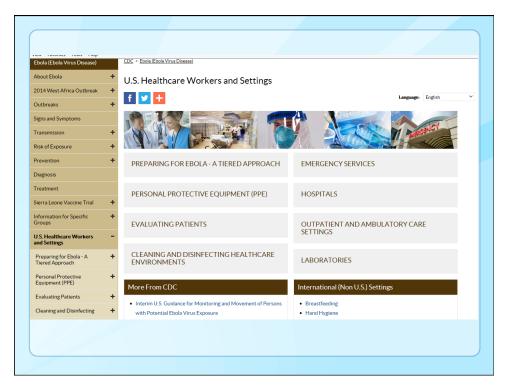
Dallas Experience, September-October 2014

- Key CDC Investigation Findings
 - No specific exposures that led to transmission were identified
 - Hypothesis that transmission of Ebola virus occurred in the early part of the index patient's MICU stay
 - Index patient had a high viral load and copious diarrhea during this period
 - Use of unconventional and unfamiliar PPE
 - Consistent with typical incubation period of 9-12 days
 - Absence of infection among others who cared for the index patient is noteworthy
 - Standard practice
 - o Unconventional practice

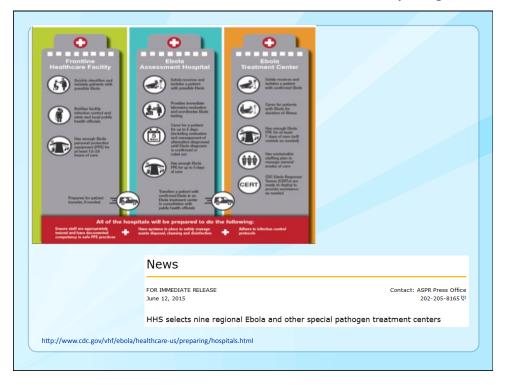
Insights

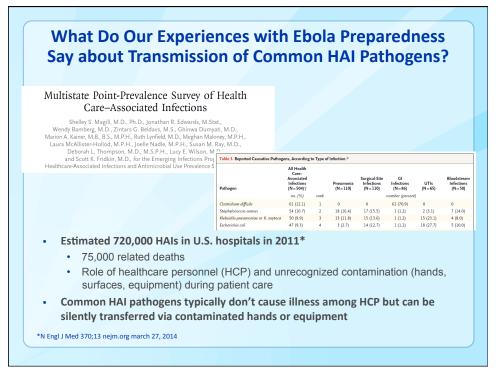
- □ Sense of fear
 - Unorthodox use of PPE may paradoxically increase risk of transmission.
- In emotionally charged situations where fear is a factor, there may be advantages to providing guidance that is more prescriptive, minimizes potential for error and self contamination, increases confidence, and allays fear among healthcare workers
 - Including trained observers to alert healthcare worker to possible contamination during care, and ensure safe donning and doffing

Dallas Experience, Summary and Conclusions Decisions on guidance must be based on science and experience · Must be prepared to adapt as experience changes The Dallas experience provided lessons that prompted important updates in guidance and approach More permissive. More structured. less prescriptive prescriptive Uniform approach to Tiered patient management approach to across all healthcare management facilities



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UNSAFE INJECTION PRACTICES AS UNINTENDED CONSEQUENCES

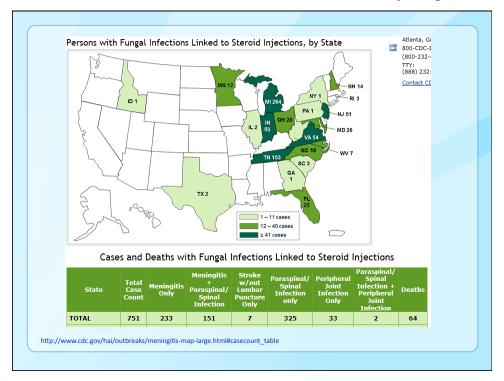
Mishandling of Medications Reuse of Syringes

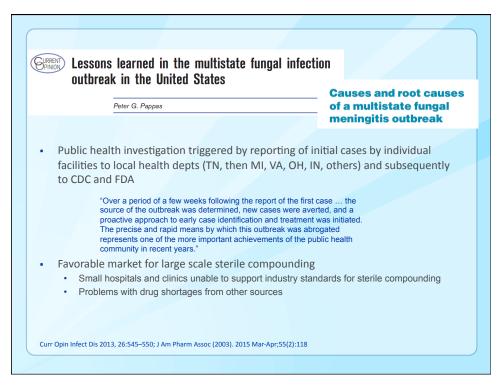


the Food and Drug Administration. The FDA's since overhauled how it manages socalled compounding pharmacies - which the law and regulations had treated as mom-and-pop operations, but which often act more like large-scale pharmaceutical

http://www.nbcnews.com/health/health-news/feds-file-murder-charges-fungal-meningitis-outbreak-n270106

manufacturers."





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Financial Pressure, Single-Use Vials and Repackaging: Endophthalmitis Example - March 2013 outbreak in Georgia and Indiana - Serious infection with potential permanent vision loss - Rare organisms: Granulicatella adiacens (human oral flora) and Abiotrophia - Contamination during compounding pharmacy repackaging of single use, 4mL vials of bevacizumab (\$550 each!) - Numerous prior outbreaks worldwide - Endophthalmitis Outbreak Associated with Repackaged Bevacizumab Laura S. Edison, Hope O. Dishman, Melissa J. Tobin-D'Angelo, C. Richard Allen, Allce Y. Guh, and Cherie L. Drenzek - Bedience C. Dishman of Comment of Serious Control (Serious Control Con

Hemodialysis Center Example

SERRATIA LIQUEFACIENS BLOODSTREAM INFECTIONS FROM CONTAMINATION
OF EPOETIN ALFA AT A HEMODIALYSIS CENTER

LISA A. GROHSKOPF, M.D., M.P.H., VIRGINIA R. ROTH, M.D., DANIEL R. FEIKIN, M.D., M.S.P.H.,
MATTHEW J. ARDUINO, DR.P.H., LORETTA A. CARSON, M.S., JEROME I. TOKARS, M.D., M.P.H., STACEY C. HOLT, M.M.S.C.,
BETTE J. JENSEN, M.S., RICHARD E. HOFFMAN, M.D., M.P.H., AND WILLIAM R. JARVIS, M.D.

- Financial pressure
 - · Single-use 1-mL vials of epoetin alfa (\$85 each)
 - Single-use can lead to the waste of \$1.1 million worth of medication annually, for a facility serving 150 patients, for which no reimbursement is received
 - 'There is concern that with constraints on reimbursement and increasing privatization, dialysis providers are motivated to control costs, sometimes to the detriment of patient care.'
- Contamination occurred after single-use vials were punctured more than once

N Engl J Med. 2001 May 17;344(20):1491-7.

Mayo Clin Proc. 2014 Jul;89(7):878-87. doi: 10.1016/j.mayocp.2014.04.007. Epub 2014 Jun 2. Outbreaks of infections associated with drug diversion by US health care personnel. Schaefer MK1, Perz JF2. Author information ewsweek Tampering with injectable controlled substances Unauthorized access to drugs can be an unintended consequence of processes designed to improve efficiency (e.g., prefilled labeled syringes, extra supplies for procedures) Outbreaks reveal gaps in prevention, detection, and response to drug diversion in U.S. healthcare facilities Highlight need for: · Security measures Active monitoring systems · Response that includes assessment of harm to patients, notification to public health as well as enforcement agencies http://www.newsweek.com/2015/06/26/traveler-one-junkies-harrowing-journey-across-america-344125.html

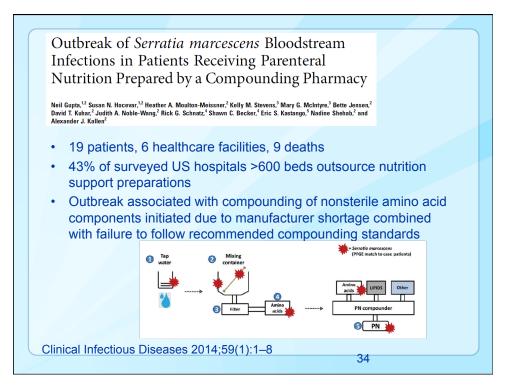
Unsafe Injection Practices: We've Been Here Before (Again)

Slide from CDC (Arjun Srinivasan) Presentation at APIC 2009



- Outbreaks are reflections of the intense financial pressures that are a reality in healthcare
- Keep these 'hidden costs' in mind as we think about issues related to improving healthcare, patient safety, and medication safety

ANOTHER EXAMPLE: PARENTERAL NUTRITION



ENDOSCOPES & CHALLENGES POSED BY NEW TECHNOLOGIES

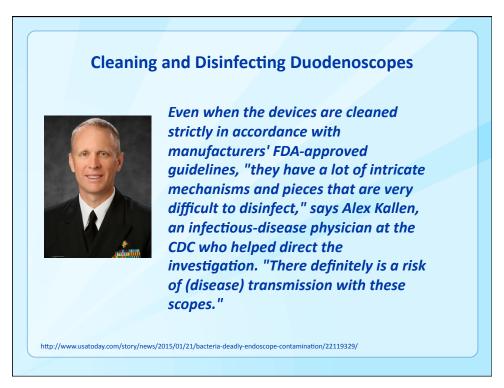
We've Been Here Before, Too

 Another slide from APIC 2009 →

Issues with Endoscope Repair

- HEIC was alerted by microbiology lab of five cases of P. putida recovery from bronchoalveolar lavage over three days.
- They were able to identify the three bronchoscopes used in all five cases.
 - These bronchoscopes had been previously recalled and repaired by the manufacturer due to a problem with loosening of the biopsy port cap leading to sequestration of bacteria.





Recent Duodenoscope Clusters		
Notification Dates	Manufacturer	Organism
July 2013	Pentax	NDM-Producing E. coli
November 2013	Olympus	NDM-producing E. coli
November 2013	Olympus	Plasmid AmpC- producing <i>E. coli</i>
May 2014	FujiFilm	KPC-producing <i>K.</i> pneumoniae
June 2014	Olympus	KPC-producing <i>K.</i> pneumoniae
February 2015	Olympus	OXA-48-type-producing <i>K. pneumonia</i>
March 2015	Olympus	KPC-producing K. pneumoniae
March 2015	Olympus	ESBL-producing E. coli

Common Themes from CDC Duodenoscope Investigations

- Clusters detected due to presence of very unusual organisms
 - No reason CDC aware of that these organisms would be more likely to persist than other organisms
- Duodenoscopes linked to transmission have been of variable ages (weeks old to years old)
 - Have involved open and closed elevator wire endoscopes although closed more common
- Facilities often perceived problems removing debris with what they felt was recommended procedures
 - Employed other brushes or steps
- Many facilities had some deviations from recommended practice
 - · Additional brushes
 - · Detergents or disinfectants not on manufacturers list
- Cultures positive months after last use

Interim Duodenoscope Surveillance Protocol

Interim Protocol for Healthcare Facilities Regarding Surveillance for Bacterial Contamination of Duodenoscopes after Reprocessing

Highlights of CDC protocol:

- Timing: Minimum of every 4 weeks or 60 procedures for each duodenoscope
 - Other options including after each procedure or weekly (on Friday)
 - · Holding duodenoscopes prior to culture results an option
- Organisms: Defines high-concern and low-concern organisms
 - High-concern more often associated with disease
 - Low-concern less often associated with disease; potentially a result of contamination during collection
- Areas to target (minimum)
 - · Area around elevator mechanism
 - · Instrument channel

http://www.cdc.gov/hai/organisms/cre/cre-duodenoscope-surveillance-protocol.html

Surveillance Cultures: Caveats

- Short-term option Not a recommendation or requirement
 - · May not be feasible everywhere
- Protocol is needed for clusters (outbreaks)
- Not a substitute for good reprocessing practices
- Many challenges, requires discussion at facility level to identify solutions
- Has been used in outbreaks but not a validated protocol
 - Sensitivity unknown these results alone should not rule out transmission

* Citations, references, and credits – Myriad Pro, 11pt

Potential Long-term Solutions

- Duodenoscope redesign
 - · Removable distal end caps
 - · Single-use parts
- New or modified reprocessing
 - · Validated high-level disinfection instructions
 - o What should be required before instructions approved
 - Sterilization
 - · Use of forced air drying cabinets
- Improved/ validated reprocessing assessment
 - · ATP or other non-culture methods
 - o Some of these best for cleaning do not asses entire process
 - Surveillance cultures

WHAT ELSE IS CDC DOING?

Supplemental Funding to Improve Healthcare Infection Control Assessment and Response Activities

- 2-3 year cooperative agreements between CDC and state and local health departments
- Infection control assessment programs
 - 1. Expanded state HAI plans and advisory groups
 - 2. Inventory of healthcare settings in state
 - 3. Ebola assessment hospitals
 - 4. Outbreak reporting and response in healthcare facilities
 - Targeted healthcare infection prevention programs
 - 1. Expand infection control assessments
 - 2. Infection control training
 - 3. Enhance surveillance capacity

http://www.federalgrants.com/Domestic-Ebola-Supplement-to-Epidemiology-and-Laboratory-Capacity-for-Infectious-Diseases-ELC-Buildingand-Strengthening-Epidemiology-Laboratory-and-Health-Information-Systems-Capacity-in-State-and-Local-Health-Departments-49276.html

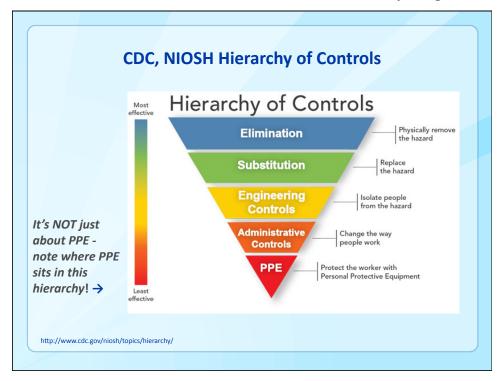
Project Status

Ebola assessment hospital work continues



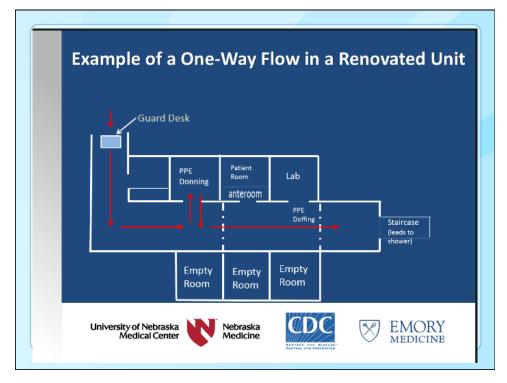
- Setting-specific, expanded infection control assessment tools are under development
- CDC is partnering with APIC and many other groups to discuss future training, outbreak reporting and response, and surveillance activities – STAY TUNED!

http://www.cdc.gov/vhf/ebola/healthcare-us/preparing/assessment-hospitals.html



Other Questions and Open Issues

- Higher frequency of routine cleaning of the patient care environment?
- How can facilities be better engineered for infection control?
 - One way flow
 - · Sinks, drains (P traps), and splashes
 - On-site waste management (autoclave)
- What is the role of newer technologies for disinfection?
 - · UV light, vaporized hydrogen peroxide
- Why aren't PPE donning and doffing (components, sequence) standardized for ALL patient care situations?
 - Simulating patient care (e.g., procedures) while wearing PPE
- Why aren't ALL HCP formally trained in the minimum infection prevention practices necessary to adhere to standard precautions?
- How to develop more timely and appropriate lab tests / diagnostics?



Final Thoughts

- IPs often in position to recognize potential outbreaks
- Your job infection prevention and control is very important and difficult
 - · Reporting requirements
 - Constantly evolving threats from emerging diseases and unintended consequences of financial pressures and advancing technologies
 - Antimicrobial resistance, evolution of electronic health records to aid epidemiologic work, continued shift of care to outpatient settings, research needs
 - IPs can't do it alone, and there are new opportunities to partner more closely with local health jurisdictions
- APIC and CDC continue to partner to improve guidance and identify potential solutions to gaps in outbreak detection, routine surveillance, infection control training

Special Thanks to Lots of People at DHQP, CDC Including:

- Mike Bell
- Denise Cardo
- Bryan Christensen
- Jeff Hageman
- John Jernigan

- Alex Kallen
- David Kuhar
- Shelley Magill
- Joe Perz
- Arjun Srinivasan

And, to the Many IPs, Other HCP, Health Depts, and Federal Agencies Who Help Us Recognize and Respond to Outbreaks

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