

## ***Clean Hands – Better Job***

So you want to move ahead. Get a better job. Make more money. Before you read “Sucking Up For Fun And Profit”, and before get started on your resume there’s one step that will make all the difference in the world. Before you do anything else, wash your hands.

It has been established beyond a shadow of a doubt that our hands carry a zoo of germs, which have the potential to make us sick. In fact some of those germs can kill us. By shaking hands, handling money, or by touching doorknobs and faucet taps we pick up the nasty bugs. When we wipe our eyes, or pick our noses (c’mon admit it, 75% of us do it) we let the germs get into our bodies where they can make us sick. People who wash their hands regularly get rid of the bugs before they can do harm. People who don’t wash their hands properly, or at all, tend to get sick.

Sniffing, coughing, generally unhealthy-looking people don’t make the short list for those plum positions. Employers want stability and reliability. Sick people ooze a lot of things, but reliability isn’t one of them. Just one well-timed, well-placed, snot-enriched sneeze can ruin an otherwise promising job interview.

If upward mobility is in your future, it pays to wash your hands.